



The IFSHT Mission: To provide global networking and educational opportunities to develop and enhance the practice of hand therapy.

www.ifsht.org



Join us in London in 2022

The British Society for Surgery of the Hand and the British Association for Hand Therapy are our hosts for the 2022 IFSSH / IFSHT joint congress in London.

Visit the [Congress website](#) for updates as you make your plans to attend.

New Corresponding Member in Ethiopia

We welcome Dheeraj Lamba, our newest Corresponding member. Dheeraj is working in Jimma, Ethiopia, at a hospital which serves an area of approximately 400 square kilometers. Currently there are only three physiotherapists working in this region who care for hand and upper extremity injured patients. Common diagnoses treated by Dheeraj and colleagues include gunshot wounds, crush injuries, amputations, and nerve injuries. Dheeraj plans to work to organise hand therapists into a society to promote the delivery of better services to hand injured patients in Ethiopia.

Dheeraj Lamba has requested to obtain a dynamometer from the IFSHT dynamometer program. We seek an individual with plans to travel to Dheeraj's area who would be able to hand carry an IFSHT provided dynamometer for delivery. Please contact the IFSHT Secretary General at SecretaryGeneral@IFSHT.org, if you are able to assist with this need.

Interested in getting involved with IFSHT?

To register your interest in joining a committee [go to the IFSHT website and complete the online application](#). Participation in an IFSHT committee is limited to therapists who are members of an IFSHT member society. If you are not sure if your national society is a member of IFSHT, check the list of member societies on the IFSHT website.

Open Access Hand Therapy Articles in IFSSH Ezine

The IFSHT contribution to the [November IFSSH Ezine](#) focuses on Mindfulness, Health Coaching and Hand Therapy. The [August issue](#) concentrated on Complex Regional Pain Syndrome CRPS.

International contributions of clinical hand therapy articles are welcomed for the IFSHT portion of the IFSSH E-zine. Contributions focus on useful clinical tips for the management of conditions of the hand and wrist. If you are interesting in contributing an article, please email informationofficer@IFSHT.org to discuss content requirements.

AAHS & ASHT International Reverse Therapy Fellowship

The American Association for Hand Surgery (AAHS) in partnership with the American Society of Hand Therapists (ASHT) have established an International Reverse Therapy Fellowship. The program sponsors an international hand therapist's visits with AAHS and ASHT member therapists at their institutions with the aim to provide expert education so that the Fellow may return home to improve therapy education and patient care in his or her home country.

The application for the 2020 Reverse Therapy Fellowship is now available. [Click here to link to the application](#). The application deadline is 15 March, 2020. The selected International Reverse Therapy Fellow will receive 10,000 USD from AAHS to be used towards a 4-week visit to North America to travel to the ASHT Annual Meeting and the institutions of two AAHS and ASHT member therapists in October 2020. Fellowship funding will also cover attendance at the AAHS Annual Meeting in January 2021 so that the Fellow can provide a summary of his or her experience, and how that experience has changed education and care in their practice.

Free Pain Management Resource

The [Retrain Pain Foundation](#) has created a series of short online educational units about pain, these are intended for use by the general public and are easy to understand. These are open access, free of charge and available in many languages at not extra charge for the translation. Click on the link above to explore this helpful resource.

FESSH Instructional Course Videos from 2019 Congress

The Federation of European Societies for the Surgery of the Hand (FESSH) also met as part of the IFSSH/ IFSHT Congress in Berlin this year. FESSH offers [free online videos of instructional courses](#) from the 2019 Congress.



25 YEARS
FESSH

FESSH-EFSHT
CONGRESS
BASEL | JUNE 3-6 | 2020



"Hands in the Heart of Europe"

The European Federation of Societies for Hand Therapy and FESSH will host their joint triennial congress next year in [Basel, Switzerland, June 3-6, 2020.](#)

IFSHT is on Facebook!



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IFSHT Compliance with General Data Protection Regulation Guidelines

In May 2018 the European General Data Protection Regulation (GDPR) went into effect. IFSHT sent everyone on the IFSHT mailing list an explanation regarding GDPR and the option to opt-out of our mailing list. IFSHT is making every effort to comply with GDPR, if you did not actively respond and let us know that you do not wish to receive mails, we will continue to include you on our mailing list. If you do not wish to receive mails from IFSHT please click on the Safe Unsubscribe link at the bottom of this mail to unsubscribe.

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