2017
Hand Therapy Review Course
Faculty Profiles

Curtis National Hand Center
Baltimore, MD

October 6-8, 2017
Romina Astifidis, MS, PT, CHT

Romina is the clinic director at the Medstar NRH Lutherville Hand Center. She is a Certified Hand Therapist with over 20 years of experience and has lectured extensively in the community on topics including tendons, splinting, CRPS, joint protection and fractures. In addition to being published in several texts, Ms. Astifidis has been involved on the board of directors and various committees for the American Society of Hand Therapists.
Jane Fedorczyk, PT, PhD, CHT, ATC Clinical Professor

Practicing in hand therapy for over 30 years, Jane recently transitioned as a professor at Drexel University to the University of South Florida, School of Physical Therapy & Rehabilitation Sciences, Morsani College of Medicine, in Tampa, Florida. Her primary teaching focus has been and will remain within hand rehabilitation for therapists, therapist extenders, and physician extenders. Jane reserves some time each week for clinical practice through the faculty practice. Her research areas include tendinopathies and nerve injuries. She has received grants from AAHS, ASHT, AHTF, and Drexel University. She is a past recipient of the “Best Scientific Paper” and the Petzoldt Award from ASHT.

She served on the ASHT Board of Directors from 2010-2016 and served as President in 2015. She has published in the 4th and 5th editions of Rehabilitation of the Hand and Upper Extremity co-editor for the 6th edition, and worked with an expanded team of co-editors for the 7th edition to be published in 2018. Jane has published in Journal of Hand Therapy, Journal of Orthopedic Research, and textbooks on pain modulation, tennis elbow, and examination of the hand. She has lectured internationally on topics related to examination and treatment of elbow conditions.
Paige Kurtz, MS, OTR/L, CHT

Paige Paige Kurtz is a certified hand therapist with Sentara Hospital System in Virginia Beach, VA. After earning her Bachelor’s Degree in biology at the University of Miami, she received a Master of Science at the University of Indianapolis and began specializing in hand therapy. Paige has over 20 years’ experience working in many different areas of hand and upper extremity rehabilitation, ranging from arthritis to complex/traumatic injuries.

Paige has published chapters in several hand rehabilitation texts, lectured extensively at the community and national level, and led funded research in hand therapy. She is also adjunct faculty with the Old Dominion University Doctorate in Physical Therapy program, and is a past president of the American Society of Hand Therapists.
Kenneth Means, MD

Dr. Kenneth Means earned his medical degree from the UMDNJ-New Jersey Medical School and completed his residency in Orthopedic Surgery at MedStar Union Memorial Hospital. He also fellowship trained in hand and upper extremity surgery and microsurgery at The Curtis National Hand Center at MedStar Union Memorial Hospital. Dr. Means is the hand/upper extremity consultant for the Baltimore Ravens, Washington Nationals, and Towson and Morgan State University Athletics. Dr. Means is an attending surgeon at The Curtis National Hand Center at MedStar Union Memorial Hospital and is the Clinical Research Director for the Hand Center.
Brocha Stern is a certified hand therapist with Kessler Rehabilitation Center in New Jersey. She has a master’s degree in occupational therapy from Temple University and is currently a PhD candidate and Steinhardt fellow at New York University. Brocha was the 2016 Mary Kasch Hand Therapy Certification Scholarship recipient. She is a member of the ASHT Education Division and adjunct faculty at New York University and Salus University. She has lectured on upper extremity topics at state and national conferences.
Rachel Pigott, MPH, OTR/L, CHT

Rachel Pigott has been an occupational therapist since 1999. She received her bachelors in occupational therapy from Towson State University and more recently completed her Masters in Public Health at The University of Massachusetts Amherst. Rachel is both a certified hand therapy and certified lymphedema therapist. She received her certification in hand therapy from The Hand Therapy Certification Commission in 2004 and her certification in lymphedema from The Lymphedema Association of North America in 2013.

Rachel has lectured regionally and nationally on a variety of hand rehabilitation topics including fractures, wrist injuries, sprains, tendinopathies, arthritis, and orthotic fabrication. She also serves on a volunteer basis with the American Society of Hand Therapists and holds the position of Secretary Treasurer Elect for 2017.
Rebecca Saunders, PT, CHT

Rebecca J. Saunders, PT, CHT, is the clinical specialist for research and staff development at The Curtis National Hand Center at Medstar Union Memorial Hospital in Baltimore, Maryland. She has 30 years of experience treating hand and upper extremity injuries. Rebecca has presented research and lectured on various topics nationally and internationally for hand therapy and hand surgery meetings. She is a contributing author and editor of Hand and Upper Extremity Rehabilitation: A Practical Guide. She also serves on the ASHT Annual Meeting Program Planning Committee. Her special interests include complex hand injuries, tendon injuries, tendon transfers, and the extensor mechanism.
Keith Segalman, MD

Dr. Segalman graduated from New York University School of Medicine and did his Hand Fellowship training at the Curtis National Hand Center in 1993. His areas of special interest include wrist, elbow, shoulder and brachial plexus disorders. Dr. Segalman has been rated one of Baltimore’s top doctors by Baltimore magazine ten times. He was recently awarded the Golden Apple award for excellence in teaching by the Curtis National Hand Center fellowship’s graduating class of 2014.