

Raise Your Voice!

1. Log into the ASHT website using your member account.



2. Navigate to the Legislative Action Center via the ASHT homepage, scroll to the bottom and click the featured block.



3. Your congressional representatives will be displayed on the right side of the page, including contact information.



4. To contact them, simply choose which issue or bill you'd like to write about by clicking "Take Action" under the chosen issue. 5. On the next screen, you can decide how you'd like to send your message. For each selected legislator, **chose email**. Some legislators may require additional information for your message to deliver. Fill out any remaining fields and click "Go!" to complete the take-action process.

Legislative Action Center

Write Your Legislators

Message Recipients

		e-mail	fax	phone	letter	Twitter
1	Senator Cory Booker	۲	\bigcirc	\bigcirc	\bigcirc	\bigcirc
1	Senator Robert Menendez	۲	\bigcirc	\bigcirc	\bigcirc	\bigcirc
1	Congressman Donald Norcross	۲	\bigcirc	\bigcirc	\bigcirc	\bigcirc

For your convenience, ASHT has provided suggested messaging and speaking points we believe clearly communicate our stance on each bill or issue. Alternatively, you can decide to use the "Blank Letter" option in order to compose a more personalized message.

Once your messages are sent, spread the word by posting a personalized note on your Twitter or Facebook page.

After taking action, you can view other bills or issues and contact your legislators and repeat the process. Easy as 1-2-3!