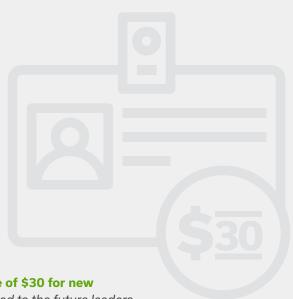
# ASHT STUDENT Offerings



**ASHT offers a discounted, first-year introductory membership rate of \$30 for new student members.** This membership includes a specific page dedicated to the future leaders of hand and upper extremity therapy. The ASHT Student Center has a wealth of information and resources designed to assist students in kick-starting their studies for a career in hand and upper extremity therapy.

## Information found in the Student Center:

## Starting Your Own Hand Therapy Club

Students can this use manual to network with peers and professionals at their university. It has all of the details needed to start a hand therapy club to jumpstart a path into the hand and upper extremity specialty.

### Student-Guided Learning Workbook

Students can use this resource as a basis for independent study. With topics including upper extremity anatomy, common conditions and general treatment interventions, this workbook serves as a scaffold for learning more knowledge necessary for a clinical rotation in hand and upper extremity therapy.

#### **Student Self-Assessment**

This 50-question assessment is a useful tool to gain insight of one's strengths and weaknesses in hand and upper extremity entry-level knowledge. This tool can be used to aid learning for both students and clinical educators. Take this assessment prior to beginning a clinical rotation to help ensure a successful learning experience. This is also a great tool to facilitate discussion of learning objectives between a student and clinical educator.

#### **Student e-Community**

Students can network and connect with one another to share clinical experiences, expectations, career development and all things involving hand and upper extremity therapy. A community forum specifically for YOU!

#### **Student-Led Journal Club**

Offered quarterly, the Student-Led Journal Club is designed to involve and educate students on appraising the current literature as it relates to the hand and upper extremity.

## Other Resources You Can Find in the ASHT Student Center:

- Classic hand and upper extremity rehabilitation articles
- Listing of state study groups
- What to expect as a student in a hand clinic
- How to begin a career in hand and upper extremity therapy
- Survival tips for a clinical rotation in hand and upper extremity rehabilitation

As a student member, you will also have access to various other learning opportunities, including the Upper Extremity Institute, an online study guide for novice practitioners; ASHT's extensive webinar library; mentoring program; various e-Communities; and information on a variety of educational courses, such as the Hand Therapy Review Course.

