

ROMINA ASTIFIDIS, MS, PT, CHT

Romina is the clinic director at the Medstar NRH Lutherville Hand Center. She is a Certified Hand Therapist with over 20 years of experience and has lectured extensively in the community on topics including tendons, splinting, CRPS, joint protection and fractures. In addition to being published in several texts, Ms. Astifidis has been involved on the board of directors and various committees for the American Society of Hand Therapists.