



## **ASHT "EDUCATION ON TOUR" Traveling Course**

"Beating Pain: What Can a Hand Therapist Do?"

## Agenda

9:00 am – 10:15 am: Introductions; review of contemporary theories for the pathogenesis of

pain, and the contributions of the peripheral, central and

autonomic nervous systems

10:15 am - 10:30 am: Break

10:30 am – 12:00 pm: Assessments of Pain and CRPS – Instructional session

12:00 pm – 1:00 pm: Lunch and Networking

1:00 pm – 2:30 pm: Putting theory into practice treatment strategies for

CRPS - Instructional session

2:30 pm – 2:45 pm: Break

2:45 pm – 4:30 pm: Assessment and treatment strategies – Practical session