

# IFSSH & IFSHT Hand in Hand

**Sydney Australia • 11-15 March 2007**



**Final Announcement, Call for Abstracts and Registration Details**

**10th Triennial Congress of the  
International Federation of Societies  
for Surgery of the Hand (IFSSH) &  
7th Triennial Congress of the  
International Federation of  
Societies for Hand Therapists (IFSHT)**

**w w w . h a n d s 2 0 0 7 . c o m**





**Australian Hand  
Surgery Society**



Australian Hand  
Therapy Association Inc.

**Congress Sponsors**

**Platinum**



**Gold**



**Bronze**



**Congress Organisers**



**IFSSH & IFSHT Congress  
2007 Secretariat**

GPO Box 3270  
Sydney NSW 2001  
Australia  
Tel: +61 2 9254 5000  
Fax: +61 2 9251 3552  
Email: info@hands2007.com  
Website: www.hands2007.com

Key Dates	1
Invitation from the IFSSH and IFSHT Presidents	1
Invitation from the Organising Committee Chairs	2
Local Organising Committee	2
IFSSH Scientific Programme Summary	3
IFSSH Symposia Topics	4
IFSSH Daily Schedule	5
IFSHT Scientific Programme Summary	7
IFSHT Programme Information	7
IFSHT Daily Schedule	8
Call for Abstracts	10
Sydney – Congress City	11
Pre and Post Congress Meetings	11
Social Programme	12
General Information	14
Registration Information	16
Accommodation	17
Accompanying Persons Programme	19
Pre and Post Congress Tours	22
Aboriginal Art Adventures	24

## Key Dates

**Closing Date for Abstracts**  
**14 July 2006**

---

**Notification of Acceptance of Abstracts**  
**3 November 2006**

---

**End of Early Bird Registration Fee**  
**1 December 2006**

---

**Accommodation Booking Deadline**  
**22 January 2007**

---

**IFSSH & IFSHT Congress**  
**11-15 March 2007**

*Dear Colleagues,*

**M**edical Congress is the place where we learn and are acquainted with the most recent advances in our art. It is the place where we meet old friends and make new ones. Allied to this it is also the opportunity we have to know new places, new cities and new cultures. All this is being prepared for us in Sydney, during the 10th Triennial Congress of the International Federation of Societies for Surgery of the Hand (IFSSH). Under the leadership of Roland Hicks, Chairman of the Organising Committee, and Michael Tonkin, Chairman of the Scientific Committee, our hosts have prepared an event with all the ingredients to become a landmark in international hand surgery.

The IFSSH invites all the associates of the 50 society members to come to Sydney from the 11th to the 15th of March 2007, for our major event. The social programme is very attractive and the scientific programme is complete, enfolding the most palpitating subjects of the present state of the art in Hand Surgery.

We hope to have representatives not only from the country members but also from colleagues whose countries are not in the IFSSH yet. It will be an excellent opportunity to discuss our cases, to solve our doubts, to listen to the greatest exponents of our area and to know what happens in other parts of our world.

To know Australia is a privilege and to participate in the International Congress of IFSSH is the maximal achievement in terms of scientific updating in our specialty.

See you in Sydney in 2007.

*Arlindo G. Pardini Jr.*  
*IFSSH President*

*Dear Colleagues and Friends,*

**I**t is an honour and a pleasure to invite you to the 7th Triennial Congress of the International Federation of Societies for Hand Therapy (IFSHT). The IFSHT Congress presents an outstanding opportunity to meet colleagues from other parts of the world, to share their views and achievements about various topics of hand therapy.

The congress is a combined meeting between the IFSSH and the IFSHT. It will bring together hand surgeons and hand therapists from the four corners of the world to present their work and create an opportunity for exchange of experiences and ideas on a high international scientific level.

For many of us Sydney is located almost as far away as you can get "down under", but I am confident that the scientific programme and the social events will make the journey worth-while.

I look forward to welcoming you to Sydney 2007!

*Margareta Persson*  
*President IFSHT*



*Dear Colleagues,*

I invite you to Sydney in March 2007 for the 10th IFSSH Congress. It will be the first held in the Southern Hemisphere under the Southern Cross and the first held with the IFSHT at the same venue.

"Hand in Hand" is the theme of the Congress. This theme reflects the collaboration between surgeons and therapists which is necessary for the optimal care of our patients.

Michael Tonkin and his Scientific Committee have prepared a programme which will be stimulating and challenging. We now await your valuable contributions of original papers.

To encourage the association between surgeons and therapists there will be a combined Opening Ceremony and Welcome Reception and a combined Congress Party for both congresses. These are included in your registration. We are offering you the opportunity to attend the IFSSH Official Banquet and to experience a special congress performance of an opera at the Sydney Opera House.

Delegates and accompanying persons will be able to learn about Australian aboriginal customs, to engage in sporting and other activities, including climbing the Harbour Bridge, and to explore and discover the delights of Sydney and its surrounds.

The hand surgeons of Australia look forward to welcoming our colleagues from around the world. See you in Sydney in 2007.

*Roland Hicks  
Organising Committee Chair  
IFSSH Congress*

### Local Organising Committee

#### **IFSSH**

Roland Hicks (Chair)

Michael Tonkin

Stephen Coleman

Bruce Conolly

James Masson

Margie Hicks, Accompanying Persons Programme Chair

*Dear Colleagues,*

We invite you to Sydney, Australia for the 7th IFSHT Congress in March 2007.

This is a great opportunity to share professional experiences and enjoy our city of Sydney.

The combined format provides a great opportunity for surgeons and therapists to show case the benefits of collaboration. The inclusive social events will be great fun. We also invite you to the IFSHT official dinner to be held overlooking Sydney Harbour.

Anne Wajon and her scientific committee have worked hard to provide a unique IFSHT programme with the inclusion of workshops for the first time. We look forward to papers by members from all parts of the world to enhance our programme.

Australian Hand Therapists look forward to welcoming our colleagues from around the world.

*Rosemary Prosser  
Organising Committee Chair  
IFSHT Congress*

#### **IFSHT**

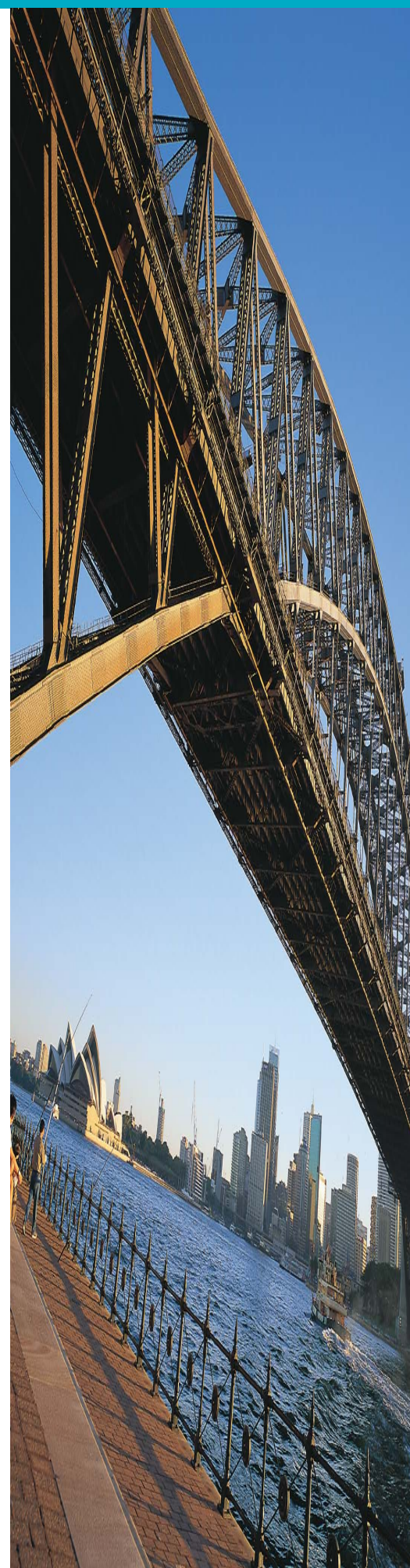
Rosemary Prosser (Chair)

Anne Wajon

John Breckenridge

Tracey Clark

Cathy Merry





It is the intention of the Scientific Programme Committee to produce a programme which reflects the ideals of the IFSSH and, therefore, is inclusive of all countries and of surgeons with experience and wisdom and those with youth and enthusiasm. We invite you all to submit your work for presentation in free paper sessions and poster displays. Each society has been asked to recommend speakers for symposia, invited lectures and chairpersons of free paper sessions.

Scientific sessions will be conducted on Monday 12 and Wednesday 14 March from 0800 to 1800, on Tuesday 13 March from 0800 to 1200 and Thursday 15 March from 0800 to 1600. There will be five rooms conducting concurrent programmes. Rooms 1 and 2 will house symposia on specific topics followed by free papers on those topics. Rooms 3, 4 and 5 will house free papers with each free paper session preceded by a short invited lecture. All five halls are on the same level of the convention centre, are adjacent to each other, and will allow easy access during and between sessions.

One symposium session will combine surgeons and hand therapists. The topic to be presented is "Problems of the PIP Joint". We are delighted that Sydney 2007 has allowed the opportunity for the IFSSH & IFSHT

to conduct parallel meetings in the one venue, exchanging knowledge and enjoying social interaction.

The inaugural IFSSH Swanson Lecture, entitled 'The intelligent hand and the plastic brain', will be presented by Professor Goran Lundborg from Sweden in Room 1 at 12.15, Wednesday 14 March. The Australian Hand Surgery Society Guest Lecture entitled 'Antarctica - Medical Extremities' will be presented at 12.15, Monday 12 March by Dr Jeff Ayton, Chief Medical Officer, Polar Medical Unit, Australian Antarctic Division. A special session at 1500 on Thursday 15 March will present "Operations I no longer do" from invited speakers. There will be no concurrent programmes at the time of these lectures.

Breakfast sessions from 0700 to 0745 will allow the IFSSH Committees to present their reports and will permit the Medical Companies to organise special presentations.

The Australian Hand Surgery Society welcomes you to Sydney.

*Michael Tonkin*  
Scientific Programme Chair –  
IFSSH

*Stephen Coleman*  
Scientific Programme Co-Chair –  
IFSSH

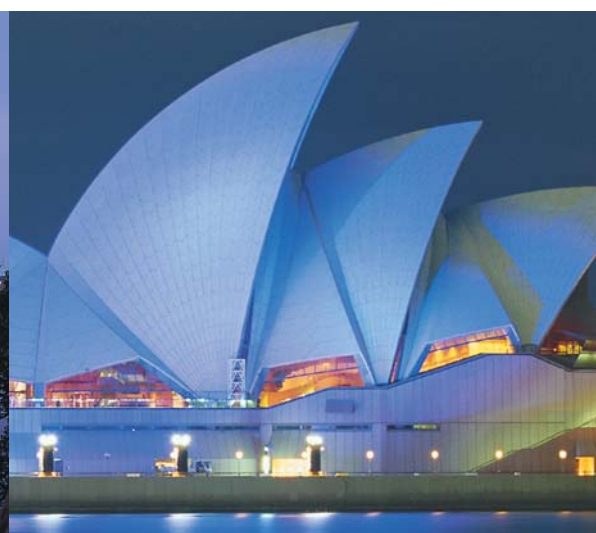


Session	Topic
<b>Symposium 1</b>	<b>Distal Radius Fractures</b> Prognostic radiological factors/ classification The role of external fixators Plate fixation – front, back or both Bone graft and bone graft substitutes Opposing views – plaster or ORIF in the elderly
<b>Symposium 2</b>	<b>Congenital</b> Apert hand Arthrogryptic limb Pollicisation technique <b>Cerebral Palsy</b> Aetiology The place of Botulinum Toxin Surgery for – shoulder and elbow – pronation deformity – wrist and fingers
<b>Symposium 3</b>	<b>Flexor Tendon</b> Surgery – Promotion of tendon healing – Relevance of pulley system – Optimal suture (material & method) Failed flexor tendon repair – difficult case presentations for panel discussion
<b>Symposium 4</b>	<b>Scaphoid</b> Fracture – ideal imaging – acute proximal pole fracture – percutaneous techniques – vascularised bone grafting Opposing views: the undisplaced waist fracture, POP vs ORIF Preiser's Disease
<b>Symposium 5</b>	<b>Wrist Instability</b> SLI – Diagnosis & Classification – Acute Repair – Methods of secondary ligament reconstruction & results Midcarpal instability – lecture
<b>Symposium 6</b>	<b>Plexus</b> Reconstruction of hand function in the flail limb Comparison of nerve grafting and nerve transfers for reconstruction of shoulder and elbow function – methods & results Obstetric brachial plexus palsy
<b>Symposium 7</b>	<b>Combined IFSSH/IFSHT Symposium</b> Problems of the Proximal Interphalangeal Joint
<b>Symposium 8</b>	<b>Nerve</b> Innovations in nerve surgery – end-to-side technique, nerve conduits, nerve transplantation, nerve growth factors Nerve compression – cubital tunnel syndrome, surgical options Nerve repair – results of median and ulnar nerve repair & reconstruction, elbow to wrist Tendon transfers – Options in low ulnar nerve lesions – Opposition transfers in low median nerve lesions
<b>Symposium 9</b>	<b>Rheumatoid Arthritis</b> Finger deformity in RA – SND – Boutonnière Extensor and flexor synovectomy, reconstruction of tendon ruptures The thumb Opposing views: Darrach vs Sauve-Kapandji
<b>Symposium 10</b>	<b>Microsurgery – Flaps and Replantation</b> Secondary management of mutilating upper limb injuries – infected bone and bone loss – soft tissues Advances in soft tissue reconstruction – perforator flaps and super microsurgery – endoscopic harvest – pharmacological adjuvants – tissue engineering
<b>Symposium 11</b>	Opposing views – transplantation <b>Degenerative Joint Disease/Arthroplasty</b> Arthroplasty – Wrist – Inferior radioulnar joint – MP & IP joints Opposing views – Trapeziectomy vs tendon reconstruction Longitudinal instability in the forearm Scapho-Trapezio-Trapezoidal arthritis



## Room 1

Time	Sunday 11th	Monday 12th	Tuesday 13th	Wednesday 14th	Thursday 15th
0700 – 0745		Special Lectures/IFSSH Scientific Committee Reports			
0800 – 1000	Registration 0900 – 1800	Symposium 1 – Distal Radial Fractures	Symposium 5 – Wrist Instability	Combined IFSSH/IFSHT (S7) – Problems of the PIP joint	Symposium 10 – Microsurgery
1000 – 1030		Morning Tea			
1030 – 1215		Free Papers – Distal Radial Fractures	Free Papers – Wrist Instability (until 1200 only)	Free Papers – IFSSH/IFSHT Problems of the PIP Joint	Free Papers – Microsurgery
1215 – 1245		AHSS Invited Lecture	Lunch	Swanson Lecture	Lunch
1245 – 1400	Lunch	Lunch			
1400 – 1500	Committee Meetings	Symposium 3 – Flexor Tendon	Sport Social Activities Leisure (from 1200)	Symposium 8 – Nerve	Free Papers
1500 – 1600					Operations I No Longer Do – invited speakers
1600 – 1630		Afternoon Tea			Afternoon Tea
1630 – 1800		Free Papers – Flexor Tendon		Free Papers – Nerve	Finish
Evening	Opening Ceremony and Welcoming Reception	Opera Leisure	IFSSH Banquet	IFSSH/IFSHT Party	



**Room 2**

Time	Monday 12th	Tuesday 13th	Wednesday 14th	Thursday 15th
0700 – 0745	Special Lectures/IFSSH Scientific Committee Reports			
0800 – 1000	Symposium 2 – Congenital/ Cerebral Palsy	Symposium 6 – Brachial Plexus		Symposium 11 – Arthritis/Arthroplasty
1000 – 1030	Morning Tea			
1030 – 1215	Free Papers – Congenital/ Cerebral Palsy	Free Papers – Brachial Plexus (until 1200 only)	Free Papers	Free Papers – Arthritis/Arthroplasty
1215 – 1245		Lunch		Lunch
1245 – 1400	Lunch		Lunch	
1400 – 1500	Symposium 4 – Scaphoid	Sport Social Activities Leisure (from 1200)	Symposium 9 – Rheumatoid	Free Papers
1500 – 1600				
1600 – 1630	Afternoon Tea		Afternoon Tea	
1630 – 1800	Free Papers – Scaphoid		Free Papers – Rheumatoid	

**Rooms 3, 4 & 5**

Time	Monday 12th	Tuesday 13th	Wednesday 14th	Thursday 15th
0700 – 0745	Special Lectures/IFSSH Scientific Committee Reports			
0800 – 1000	Free Papers	Free Papers		Free Papers
1000 – 1030	Morning Tea			
1030 – 1215	Free Papers	Free Papers (until 1200 only)	Free Papers	Free Papers
1215 – 1245		Lunch		Lunch
1245 – 1400	Lunch		Lunch	
1400 – 1500	Free Papers	Sport Social Activities Leisure (from 1200)	Free Papers	Free Papers
1500 – 1600				
1600 – 1630	Afternoon Tea		Afternoon Tea	
1630 – 1800	Free Papers		Free Papers	

\* Please note that the program is subject to change. For updates, please visit the congress website: [www.hands2007.com](http://www.hands2007.com)



The 2007 IFSHT conference, from 11-14 March, promises to be an exciting and thought-provoking congress that offers something for everyone who works in the area of hand and upper limb therapy.

The congress aims to showcase the latest research in hand and upper limb therapy, providing a scientific and educational programme which covers a broad range of topics about diagnosis, assessment and treatment approaches. The programme is designed to encourage stimulating debate and open discussion between participants, with opportunities for hands-on experience at the many workshops on offer.

Scientific sessions will be conducted from Monday 12 to Wednesday 14 March, with opportunities for free papers on a variety of topics. There will be a combined symposium with IFSSH on problems of the PIP joint on the Wednesday morning, and concurrent workshops each afternoon.

You are also welcome to attend two IFSSH invited lectures; a presentation on Monday 12 March by Dr Jeff Ayton about Medicine in the Antarctic, and the inaugural IFSSH Swanson Lecture which will be presented by Professor Goran Lundborg from Sweden on Wednesday 14 March.

We invite you to contribute to the meeting by presenting a paper or poster and look forward to welcoming you to Sydney in March 2007.

Anne Wajon  
Scientific Programme Chair – IFSHT

### IFSHT Programme Information

Session	Topic
Plenary 1	The virtual hand
Plenary 2	The stiffness debate
Plenary 3	Research
Combined IFSHT/IFSSH	Problems of the PIP joint
Symposium 1	CRPS
Symposium 2	Arthritis
Symposium 3	Free papers
Combined IFSHT/IFSSH	Wrist instabilities
Symposium 5	Disorders of the elbow
Symposium 6	Occupational and musicians injuries
Symposium 7	Sporting injuries in the hand
Symposium 8	Nerve compressions
Symposium 9	Outcome measures in the upper limb
Symposium 10	Major trauma
Symposium 11	Shoulder dysfunction
Symposium 12	Therapy following tendon surgery
Symposium 13	Free papers
Workshop 1	Manual oedema mobilisation
Workshop 2	Sensibility update
Workshop 3	Splinting
Workshop 4	Rheumatoid arthritis – patterns of deformity and splinting
Workshop 5	Clinical examination of the wrist
Workshop 6	Splinting
Workshop 7	Throwers elbow – advanced
Workshop 8	Evidence based approach to electrotherapy
Workshop 9	Low tech therapy for high tech results
Workshop 10	Intrinsic muscle testing
Workshop 11	Shoulder examination in the sporting athlete

## Room 1

Time	Sunday 11th	Monday 12th	Tuesday 13th	Wednesday 14th
0800 – 1000		President's address Plenary 1 – The virtual hand	Plenary 3 – Research	Plenary 4 – Combined IFSSH/IFSHT – Problems of the PIP joint
	Registration 0900 – 1800	Morning tea		
1000 – 1030		Morning tea		
1030 – 1215		Plenary 2 – The stiffness debate	Symposium 4 – Wrist instabilities	Combined IFSSH/IFSHT – Problems of the PIP joint
1215 – 1245		Invited lecture	Lunch	Swanson lecture
1245 – 1400		Lunch		Lunch
1400 – 1600	Committee meetings	Symposium 1 – CRPS	Symposium 7 – Sports injuries	Symposium 11 – Shoulder
1600 – 1630		Afternoon tea	Afternoon tea	Afternoon tea
1630 – 1800		Workshop 1 – Manual oedema mobilisation	Workshop 1 (rpt) – Manual oedema mobilisation	Workshop 8 – Evidence based approach to electrotherapy
Evening	Opening ceremony and welcoming reception	Opera Leisure	IFSHT Banquet	IFSSH/IFSHT Party

## Room 2

Time	Sunday 11th	Monday 12th	Tuesday 13th	Wednesday 14th
0800 – 1000				
	Registration 0900 – 1800	Morning tea		
1000 – 1030		Morning tea		
1030 – 1215			Symposium 5 – Elbow	
1215 – 1245			Lunch	
1245 – 1400		Lunch		Lunch
1400 – 1600	Committee meetings	Symposium 2 – Arthritis	Symposium 8 – Outcomes	Symposium 12 – Therapy following tendon surgery
1600 – 1630		Afternoon tea	Afternoon tea	Afternoon tea
1630 – 1800		Workshop 2 – Sensibility update	Workshop 5 – Clinical examination of the wrist	Workshop 9 – Low tech therapy for high tech results (practical)



## Room 3

Time	Sunday 11th	Monday 12th	Tuesday 13th	Wednesday 14th
0800 – 1000	Registration			
1000 – 1030	0900 – 1800	Morning tea		
1030 – 1215			Symposium 6 – Occupational and musicians injuries	
1215 – 1245			Lunch	
1245 – 1400		Lunch		Lunch
1400 – 1600	Committee meetings	Symposium 3 – Free papers	Symposium 9 – Nerve compressions	Symposium 13 – Free papers
1600 – 1630		Afternoon tea	Afternoon tea	Afternoon tea
1630 – 1800		Workshop 3 – Splinting	Workshop 6 – Splinting	Workshop 10 – Intrinsic muscle testing

## Room 4

Time	Sunday 11th	Monday 12th	Tuesday 13th	Wednesday 14th
0800 – 1000	Registration			
1000 – 1030	0900 – 1800	Morning tea		
1030 – 1215			Symposium 5 – Elbow	
1215 – 1245			Lunch	
1245 – 1400		Lunch		Lunch
1400 – 1600	Committee meetings		Symposium 10 – Major trauma	
1600 – 1630		Afternoon tea	Afternoon tea	Afternoon tea
1630 – 1800		Workshop 4 – Rheumatoid arthritis – patterns of deformity and splinting	Workshop 7 – Throwers elbow	Workshop 11 – Examination of the shoulder

\* Please note that the program is subject to change. For updates, please visit the congress website: [www.hands2007.com](http://www.hands2007.com)

The IFSSH & IFSHT Scientific Programme Committee invites abstracts of original contributions for oral and poster presentation. Submission of abstracts can be done via the congress website: [www.hands2007.com](http://www.hands2007.com). If you have difficulties with abstract submission on the website, please email the congress secretariat on [info@hands2007.com](mailto:info@hands2007.com).

The deadline for submission of abstracts is *Friday, 14 July 2006*. Authors will be notified on 3 November 2006 of acceptance of abstracts.

### **Instructions for Authors**

All abstracts are to be submitted at [www.hands2007.com](http://www.hands2007.com). If you are unable to access the website, please email the congress secretariat on [info@hands2007.com](mailto:info@hands2007.com) to make alternative arrangements.

### **The deadline for the submission of abstracts is Friday, 14 July 2006.**

Abstracts must be submitted in English using the template provided on the website, with a maximum word count of 300 words. Photographs and pictures cannot be included. Further instructions can be found on the website.

All presenters of accepted abstracts are expected to attend the congress and pay the registration fee. The end of the Earlybird Registration fee is *Friday, 1 December 2006*.

### **Abstract Presentation and Audiovisual**

Abstracts may be submitted as 'Oral Presentation Only', 'Poster Presentation Only' or 'No Preference' (either oral or poster presentation). Oral presentations will be allocated 6 minutes each. PowerPoint data projection with single screens will be the only method available in all session rooms.

Poster presenters will be asked to stand by their poster during the scheduled poster presentation times.

Full details will be included in the acceptance letter, which will be emailed and mailed to the main contact author on 3 November 2006.

### **Confirmation of Receipt of Abstract**

You will be sent an acknowledgement via email to confirm that your abstract has been received. If you do not receive the acknowledgement within two days of your submission, please contact the Congress Secretariat on [info@hands2007.com](mailto:info@hands2007.com) or Telephone: +61 2 9254 5000.

### **Disclosure/ Conflict of Interest**

In order to evaluate your abstract, the congress may be required to gather and disclose information about aspects of your professional or personal circumstances pertinent to the research submitted. The Scientific Committee requires that you provide any relevant information concerning commercial relationships specific to the abstract. Such disclosure will be included in the final Abstract Book/ CD Rom. The presenting author is responsible for this information.

### **Topics – IFSSH – Surgery**

The IFSSH Scientific Programme Committee welcomes abstracts covering any of the following topics:

1. Brachial plexus injuries and OBPP
2. Congenital
3. Tendon injury/ repair
4. Dupuytren's
5. Distal radioulnar joint
6. Fractures of the radius
7. Scaphoid & other carpal fractures
8. Carpal instability
9. Other wrist conditions
10. Hand fractures (phalangeal & metacarpal)
11. Thumb basal joint OA
12. Degenerative joint disease
13. Rheumatoid hand
14. Paralysis/ spasticity tendon transfers
15. Septic hand
16. Nerve compression syndromes and soft tissue degeneration
17. Nerve injuries/ repair
18. Chronic regional pain syndrome
19. Tumours
20. Hand transplantation
21. Replantation
22. Mutilating hand injuries
23. Soft tissue cover
24. Free tissue transfer

### **Topics – IFSHT – Therapy**

The IFSHT Scientific Programme Committee welcomes abstracts covering any of the following topics:

1. Complex regional pain syndrome
2. Arthritis and joint replacements
3. Wrist instabilities
4. Elbow disorders
5. Occupational and musicians injuries
6. Sporting injuries to the hand
7. Nerve compressions
8. Outcome measurements
9. Major trauma
10. Shoulder pathology
11. Therapy for tendon repairs
12. Scar management
13. Splinting the PIP joint

**S**ydney, Australia's gateway city and the capital of New South Wales is built around one of the most beautiful harbours in the world, and along kilometres of golden beaches stretching north and south of the city on the shores of the Pacific Ocean.

Sydney is a friendly city offering visitors a variety of attractions and activities. The beaches and harbour play a major role in the lives of Sydney-siders with yachting, surfing, sailboarding, swimming and water-skiing available. Many national parks and protected areas of natural bushland surround the city, and the picturesque Blue Mountains are a 90 minute journey from the city, offering walking, camping and picnicking as

popular pastimes for visitors and residents alike.

Perhaps Sydney's most famous landmark is the spectacular Opera House with its graceful 'sails'. The Opera House has become Sydney's cultural centre, offering opera, ballet, concerts, drama and film. Don't miss the opportunity to visit the Opera House to see the exclusive opera performance of 'La Traviata' on Monday, 12 March 2007.

The harbour foreshore is home to the historic Rocks area, the site of Australia's first European settlement in 1788, and now home to a variety of galleries, museums, restaurants and shops. Also overlooking the harbour are the Royal Botanic Gardens, Sydney Aquarium and Taronga Zoo.



**T**he combined Congress will be held at the Sydney Convention and Exhibition Centre at Darling Harbour, just minutes from Sydney's central business and shopping district.

The Convention Centre is the focal point of Darling Harbour, one of the world's most imaginative urban redevelopment projects, alive with shops, restaurants and visitor attractions. The Centre offers first class facilities to both delegates and presenters. Its central location means that accommodation, restaurants and the central business district are all within walking distance.



### Pre-Congress Meetings

#### *7th World Congenital Meeting*

Venue: Four Points Sheraton,

Darling Harbour

Dates: 9-10 March 2007

Convenors: Michael Tonkin and Nick Smith

Email: enquiries @

worldcongenital2007.com

Website:

www.worldcongenital2007.com

Abstract Deadline: 5 October 2006

#### *2007 Pan Pacific Hand and Upper Limb Trauma Symposium*

Venue: Millennium Hotel,

Queenstown, New Zealand

Dates: 7-9 March 2007

Convenors: Chris Taylor, MD  
Peter C. Amadio, MD

Email: 2007pphults@

tayloredimages.com.au

Website:

www.tayloredimages.com.au

Abstract Deadline: 1700hrs

Friday 10 November 2006

#### *Explain Pain Course*

Dates: 10-11 March 2007

Presenter: David Butler

Location: Sydney

Email: info@ahta.com.au

Limited numbers

### Post-Congress Meetings

#### *2007 International Advanced Wrist Symposium*

Venue: Cairns International Hotel

Dates: 16-19 March 2007

Convenor: Dr Greg Bain

Email: 2007iaws@

tayloredimages.com.au

Website:

www.tayloredimages.com.au

#### *The Everyday Shoulder*

Date: 15 March 2007

Presenter: Craig Allingham

Location: Sydney

Email: info@ahta.com.au

Limited numbers

**Congress Social Programme**  
(Included or subsidised in registration)

**Orientation Harbour Cruise of Sydney Harbour**  
**Sunday 11 March**

**Monday 12 March**

**Tuesday 13 March**

**Thursday 15 March**

*Time: 1500 – 1700*

**Wednesday 14 March**

*Time: 1000 – 1200*

An Orientation Cruise to Sydney Harbour is a must for every visitor to Sydney. Departing from Darling Harbour, this leisurely cruise showcases the Sydney Opera House, city skyline, Harbour Bridge and travels into the upper reaches of Middle Harbour. Afternoon tea is provided and an informative commentary is provided by the cruise hostess.

*Delegates and Accompanying Persons: AUD39*

**Sunday, 11 March 2007**

**Opening Ceremony and Welcome Reception**

*Sydney Convention & Exhibition Centre*  
*Time: 1730 – 1845, Bayside*

*Auditorium (Room 1)*

*Time: 1845 – 2030, Exhibition Hall*

Don't miss the Opening Ceremony to be held on Sunday 11 March 2007 at 1730 in the Bayside Auditorium at the Sydney Convention & Exhibition Centre, Darling Harbour. An exciting program combining formality with innovative performances from some of Australia's favourite artists.

Following the ceremony, meet up with your colleagues for drinks and canapés at the Welcome Reception, to be held in the Congress Exhibition Hall.

*Delegates and Accompanying Persons: included in the registration fee.*  
*Additional Tickets: AUD75*

**Wednesday, 14 March 2007**

**Congress Party**

*Luna Park, Milsons Point, Sydney*  
*Time: 1900 – midnight*

Luna Park, Australia's favourite theme park, first opened in 1935 and has

since become a most outstanding and recognisable feature of Sydney Harbour's northern foreshore. Located near the northern pylon of the Sydney Harbour Bridge, the Face and Towers of Luna Park have become iconic to the people of Sydney, and the venue itself synonymous with fun.

The congress party will provide a wild ride of exciting opportunities to suit all tastes including theme park excitement, wine tasting from some renowned local regions, a variety of entertainment and gourmet delights from Australia and afar in the newly renovated five star 'Yarraman Crystal Palace'. Wherever you go, there is somewhere to relax and enjoy your meal, be entertained or get involved. Don't miss this once in a lifetime opportunity.

*Delegates and Accompanying Persons: AUD25*  
*Additional Tickets: AUD100*

**Optional Social Programme**

**Monday, 12 March 2007**

**Lunch at Nick's Seafood Restaurant, Bondi**

*Time: 1300 – 1600*

Enjoy a superb two course luncheon at Nick's Seafood restaurant at Bondi, Sydney's famous beach. Transfers will be provided to and from the Convention Centre.

*Tickets: AUD90*  
*Accompanying Persons Tickets: AUD60*  
*(if a registered Accompanying Person )*

**Cocktail Cruise on Sydney Harbour**

*Time: 1745 – 1915*

Embarkation from Convention Wharf, adjacent to the Convention Centre Darling Harbour.

Delegates have the opportunity to relax and socialise as the Captain Cook Vessel cruises on the picturesque Sydney Harbour. Outdoor and indoor viewing decks give you a comprehensive view of Sydney Harbour and surrounds, including the Harbour Bridge, Sydney Opera House, the Rocks area and spectacular foreshores. This relaxed cruise includes drinks and canapés.

Guests can choose to disembark at the Man O'War steps at the Sydney Opera House at 1845 for those attending the Opera or back at the Convention Wharf at 1915.

*Tickets: AUD77*

**Monday, 12 March 2007**

**Exclusive opera performance of LA TRAVIATA by Guiseppe Verdi**

*Sydney Opera House*  
*Time: 1930 – 2230*

Sponsored by  Ascension Orthopedics

Based on Alexandre Dumas' "La Dame aux Camellias", La Traviata tells the tale of a beautiful Parisian courtesan, Violetta, whose life changes when she meets handsome, young Alfredo Germont. His father disapproves.

This Renoir inspired production by Elijah Moshinsky should not be missed.

This is a private performance for the congress. The ticket price is discounted compared with a performance open to the general public.

*Tickets: AUD170*

**Tuesday, 13 March 2007**

**IFSSH Official Banquet**

*Sydney Town Hall*  
*Time: 1930 – 2300*

One of Sydney's best loved icons, the Sydney Town Hall, is the venue for the IFSSH Official Banquet.

For more than a century it has been the city's major public and civic building, its' clock a popular landmark and the marble steps leading up to the entrance, one of Sydney's favourite meeting places. The Town Hall is the seat of the city government and the venue for meetings of the City of Sydney Council. Built in the grand Victorian manner from local sandstone, the building has been beautifully restored to its original form as one of the finest examples of High Victorian architecture and decoration in Australia.

You will enjoy dining in the grandeur of the Centennial Hall which features an 8000 pipe grand organ and exquisitely crafted stained glass windows.

A superb menu will be specially created using Australia's finest produce complemented by excellent local wines and later in the evening there will be an opportunity to dance, whilst others might prefer to enjoy a coffee and glass of port in the club lounge.

*Tickets: AUD200*

## **Tuesday, 13 March 2007**

### **IFSHT Official Banquet**

*Kirribilli Yacht Squadron*

*Time: 1930 – 2300*

The evening starts with a leisurely cruise across Sydney harbour with the opportunity to enjoy the sun setting over the Opera House, the city skyline and the harbour bridge. You'll arrive at the Royal Sydney Yacht Squadron nestled into a scenic harbour bay. This private Member Sailing Club was established in 1862 and is used exclusively by members and their guests.

This exclusive picturesque setting, combined with excellent food, wines and entertainment will make this a memorable evening for everyone.

*Tickets: AUD150*

## **Tuesday, 13 March 2007**

### **Optional Sports Afternoon**

#### **Golf**

*Time: 1300*

St Michael's Golf Club is a hidden gem located 20 mins from the Sydney CBD. Offering spectacular 180 degree uninterrupted views of the Pacific Ocean, enjoy a friendly round on the greens, or perhaps a competitive hit amongst colleagues. Soft spikes only.

Motorised buggies and golf clubs are available for hire at your own expense. Please indicate on the registration form if you require to hire equipment.

*Cost: AUD100*

#### **Tennis**

*Time: 1400 – 1600*

White City Tennis Club is one of Australia's most famous tennis venues, with its lawn courts recognised globally. A social game

or competition is available for all players. Please indicate your preference on the registration forms.

*Cost: AUD60*

#### **Horse riding**

*Time: 1230 – 1730*

Situated in a deep valley in the hinterland region only one hour north of Sydney is Glenworth Valley which houses Australia's largest and most successful horse riding centre. Riding is available for all levels of experience with Guided Riding which is suitable for riders of all abilities and Free Range Horse Riding for experienced riders who feel confident with their horse and who wish to explore the valley at their own pace. Please indicate your level of experience on the registration form. Transfers will be provided to and from the congress venue.

*Cost: AUD90*

#### **Yacht Race on Sydney Harbour**

*Time: 1300-1800*

Sydney has undoubtedly the most beautiful harbour in the world and there is no better way to see it than from the water. Experience the excitement and adventure of a yacht race and work as part of a crew steering your team to victory!

*Cost: AUD216*

*Minimum: 30 passengers*

#### **Quad Biking in the Hinterland**

*Time: 1300-1730*

This afternoon's tour is an exhilarating ride amongst some great Australian scenery. Before heading out to tackle the tough terrain, riders will receive basic training on the safety of Quad Bikes and riding techniques. Enjoy an easy ride across open paddocks, slight inclines, wide country and small creek crossings before commencing a thrilling ride along a winding river, through a rainforest, steep hills, along narrow mountain trails. Watch out for wallabies and lizards along the way.

The fleet of quad bikes are fully

automatic and extremely safe. All riders are decked out in helmets before departure.

*Cost: AUD175*

*Minimum: 10 participants*

#### **Ku-Ring-Gai National Park Walkabout**

*Time: 1300-1730*

A unique afternoon exploring Sydney's Aboriginal culture and a rare glimpse of the art, landscape and people of Australia as they were 200 years ago and beyond. Enjoy an exclusive scenic tour featuring Sydney's Aboriginal heritage, the ancestral lands of the Ku-ring-gai people, the magnificent bushland of the Ku-ring-gai Chase National park and the beautiful waters of Pittwater and Broken Bay. Enjoy some gentle walks to major ceremonial and rock art sites along the scenic West Head Peninsula, noting a variety of plant foods as well as wildflowers along the way. Continue on to West Head Lookout, which boasts spectacular views over Broken Bay and Palm Beach. As you wind your way back to Sydney, enjoy the glamorous homes and golden beaches of the Pittwater foreshore.

*Cost: AUD114*

*Minimum: 15 participants*

#### **Bushwalk on the Sydney Harbour Headlands**

*Time: 1300-1700 approx.*

Enjoy a gentle walk along the spectacular harbour headlands and beaches of Manly and The Spit Walkway past Clontarf Beach and Grotto Point. Along the way see Aboriginal carvings, flora and fauna plus all the history and stories of Sydney. Afterwards visit the beautiful Balmoral Beach.

Please wear comfortable walking shoes, hat and sunscreen.

Fitness level: Average for daily walkers/all ages

Cost Includes transfers and guide.

*Cost: AUD35*

*Minimum: 15 participants*

**Currency**

Decimal currency is used in Australia – units are dollars and cents. Current exchange rates can be obtained from your bank. All major credit cards are widely accepted in Australia. The exchange rates as at 31 January 2006 are: \$1=£0.43 =US\$0.76 =0.62 Euros =¥88.82.

**Banks**

Banks in Australia are open from 0930 to 1600 Monday to Thursday and 0930 to 1700 on Fridays. Banks are closed all day Saturday and Sunday. Exchange facilities are available at the airport and most major hotels. Automatic teller (ATMs) facilities are available at a wide variety of outlets.

**Language**

English is spoken throughout Australia and is the official language for the congress.

**Time**

Local Sydney time during March is – Greenwich Mean Time plus 11 hours.

**Electricity**

The electrical supply is 240 volts, 50Hz. The connection for appliances is a flat 3-pin plug of unique design. Most hotels provide 110 volt outlets for shavers.

**Climate**

In Sydney, March is a month of our autumn season and you can look forward to temperatures of approximately 25°C (77°F) during

the daytime and 18°C (64°F) in the evening.

**Shopping**

Shops open from 0900 to 1730 during the week with late night shopping on Thursdays to 2100. On Saturdays and Sunday most shops are open between 0900 and 1600. Sydney is considered an excellent duty-free port for travellers.

**Travel and Health Insurance**

The congress does not provide insurance to delegates. We strongly recommend that you take out insurance policies to cover medical and travel expenses. If necessary, consult your travel agent.

**Wheelchair access or other mobility disability access during the congress**

When you register, please notify the congress secretariat of any mobility disabilities you have so that any venue access challenges can be addressed.

**Taxes**

A Goods and Services Tax (GST) of 10% applies to all consumer goods and is included in retail prices.

**Tipping**

Tipping is not the general custom in Australia and service charges are not added to accounts by hotels and restaurants. However, you may tip hotel porters and food and drink waiters in restaurants (up to 10% of the bill) for special service. At any time, tipping is your choice.

**Eating Out**

Sydney's multicultural population is reflected in the wide variety of excellent restaurants offering a diversity of cuisine from around the world. Bistros, restaurants and cafes offer varied menus, prices and décor. Local seafood delicacies are recommended and include Sydney Rock Oysters, King Prawns, Queensland Mud Crab, Balmain Bugs and Barramundi. These are delicious when accompanied by Australian wines, many of which have won major international awards.

**Dress Code**

For the Congress Opening Ceremony & Welcome Reception and IFSSH Banquet, we recommend 'Lounge Attire' or 'Business Attire'. This equates to business wear for males (jacket recommended) and smart casual for females. For the IFSSH Banquet, males are required to wear a jacket and tie. For the Congress Party, smart casual with comfortable shoes is recommended. For the Scientific Sessions, smart casual is recommended.

**Mobile Phones**

Australia operates on a digital network. Mobile phones can be readily hired at Sydney Airport and at the Congress Venue.

**Transport from the Airport**

The congress does not provide any transfers from the airport to Congress Hotels. All delegates must make their



own transport arrangements from the airport. The following are estimates only of travel from the airport to the central business district.

- Taxi: \$20 to \$30
- Train Link to Central Station: \$8 to \$12
- Airport Shuttle: \$10 to \$15

### Public Transport around Sydney

Sydney's public transport network allows easy travel around the city. Considerable savings on buses and harbour ferries can be obtained with the State Transit Travel pass. Taxis can either be booked by telephone or hailed from the street.

There are frequent monorail and light rail services linking Darling Harbour with the city and a regular ferry service (15 minutes each trip) between Darling Harbour and Circular Quay (downtown).

### The Appropriate Visa for Delegates

As a general rule, all visitors to Australia (other than citizens of New Zealand travelling on a New Zealand passport) require a visa to enter Australia. Overseas visitors seeking to attend or participate in, a conference or event in Australia should, in most cases, apply for a short stay business visitor visa (subclass 456). You must apply for your visa early (we suggest that you apply two months prior to

your departure), to ensure that details are confirmed prior to your departure for the congress.

Please check prior to registration with your airline, travel agent or nearest Australian Consulate, as immigration laws are very strict. Information about this important requirement can also be found on the Australian Government website at [www.immi.gov.au/visitors](http://www.immi.gov.au/visitors)

Some participants will be able to obtain an Electronic Travel Authority (ETA). You can apply for an ETA via the Internet [www.eta.immi.gov.au](http://www.eta.immi.gov.au) or through a travel agent, an airline office or a specialist service provider to arrange an ETA on your behalf.

#### ETA eligible Countries

Andorra	Luxembourg
Austria	Malaysia
Belgium	Malta
Brunei	Monaco
Canada	The Netherlands
Chinese Taipei*	Norway
Denmark	Portugal
Finland	San Marino, Republic of
	Singapore
France	Spain
Germany	Sweden
Greece	Switzerland
Hong Kong	UK – British Citizen or
Iceland	UK – British National (Overseas)**
Ireland	USA
Italy	Vatican City
Japan	Liechtenstein
Republic of Korea	

*\*Holders of passports of Chinese Taipei can only be processed for an ETA if resident in and applying in Chinese Taipei.*

*\*\* Holders of UK passports, which indicate their nationality to be British National (Overseas) can only be processed for an ETA if resident in and applying in Hong Kong.*

#### Non-ETA countries

Non-ETA country delegates need to lodge a subclass '456' visa application at the nearest Australian Commission overseas. The application form (also number 456) can be downloaded from the website [www.immi.gov.au](http://www.immi.gov.au)

#### Invitation Letter and visa

Please note that government agencies have advised your confirmation letter will satisfy visa application requirements, and that no further documentation is necessary from the event manager. Please note that this does not imply any financial support from the congress. If you have not received a confirmation letter within a suitable amount of time from registering, please contact the congress secretariat at [info@hands2007.com](mailto:info@hands2007.com)

**Don't forget to organise your visa.**



## How to Register

To attend the congress, fill in the registration form and return to the congress secretariat. Each delegate must complete a separate form. Photocopy for additional copies or contact the secretariat. Please read this booklet carefully before completing the registration form. Forms will be accepted by post, fax or online through the congress website: [www.hands2007.com](http://www.hands2007.com)

**Early bird registration closes on Friday 1 December 2006.**

## Entitlements

### Surgeon and Therapist Delegates and Trainee Surgeons

- Attendance at scientific sessions and exhibition
- Satchel including program, Abstract Book/CD Rom and list of delegates
- Morning Tea (Monday – Thursday)
- Lunch (Monday – Thursday)
- Afternoon Tea (Monday – Wednesday)
- Opening Ceremony and Welcome Reception
- Congress Party at heavily subsidised rate
- Certificate of Attendance

### Accompanying Person

- Opening Ceremony and Welcome Reception
- Subsidised rates for the Luncheon at Nick's Seafood Restaurant – Monday, 12 March 2007
- Congress Party at heavily subsidised rate
- Use of the Accompanying Persons' lounge
- Accompanying Persons' Bag and Gift

## Method of Payment

Payment of fees must accompany all registration forms. No registration will be confirmed until payment is received. Payment can be made by the following methods:

- Credit cards: Visa, Mastercard, American Express and Diners Club

## Registration Fees

All fees are quoted in Australian dollars (AUD) and are inclusive of 10% GST. Registrations made after Friday, 23 February 2007 must be made onsite.

	Early Bird Rate Before 1 December 2006	Standard Rate 1 December 2006 – 23 February 2007	Onsite Rate After 23 February 2007
Surgeons	AUD1210	AUD1430	AUD1870
Therapists	AUD605	AUD715	AUD990
Trainee Surgeons	AUD880	AUD990	AUD1100
Accompanying Person	AUD150	AUD150	AUD150

AUD1=£0.43 =US\$0.76 =0.62 Euros =¥88.82 (as at January 2006).

- Personal or Company Cheque (Australian Delegates Only) and made payable to IFSSH & IFSHT Congress 2007.

Bank drafts and International Money Orders should be in Australian Dollars, drawn on an Australian Bank and made payable to IFSSH & IFSHT Congress 2007. Please fax a copy to +61 2 9251 3552.

## Cancellation of Registration Deadline: 9 February 2007

Cancellations must be made in writing to the Congress Secretariat. Cancellations received prior to 9 February 2007 will receive a full refund minus an AUD150 administration fee. Cancellations received after 9 February 2007 will not be refunded. The committee will consider cancellations of registration under exceptional circumstances. **Refunds will not be granted on failure of visa application.** Substitute delegates will be accepted.

## Disclaimer

All best endeavours will be made to present the program as printed in this document. The congress and its agents reserve the right to alter without prior notice, any of the arrangements, timetables, plans or other items relating to the congress, for any cause beyond its reasonable control. The IFSSH, IFSHT, Congress Committee and the Congress Organisers are not liable for any loss or inconvenience caused as a result of such alteration. In the event of unforeseen circumstances, the IFSSH,

IFSHT, Congress Committee and the Congress Organisers do not accept responsibility for loss of monies caused by delays.

Participants are advised to take out personal travel insurance and to extend their policy to cover personal possessions. The congress does not cover individuals against cancellations of bookings or theft or damage to belongings.

## Registration Desk

### Opening Hours:

Sunday 11 March	0900 – 1800
Monday 12 March	0700 – 1800
Tuesday 13 March	0700 – 1800
Wednesday 14 March	0700 – 1800
Thursday 15 March	0700 – 1600

## Enquiries

Please direct all registration and accommodation queries to:

IFSSH & IFSHT 2007 Congress Secretariat  
GPO Box 3270  
Sydney NSW 2001  
Australia

Telephone: +61 2 9254 5000  
Facsimile: +61 2 9251 3552  
Email: [registration@hands2007.com](mailto:registration@hands2007.com)  
Website: [www.hands2007.com](http://www.hands2007.com)

### Street Address (for couriers only)

IFSSH & IFSHT 2007 Congress Secretariat  
c/- ICMS Australasia Pty Ltd  
Level 9, 234 George Street  
Sydney NSW 2000 Australia

## Rest Easy

When you book your accommodation through ICMS Australasia you can be assured of competitive rates and complete peace of mind. It's simple – just forward the registration form to ICMS Australasia and rest easy.

### Booking Deadline: 22 January 2007

You are encouraged to book your accommodation through the Congress Secretariat to ensure that you receive very competitive rates. Transfer to the congress social functions will only be available to those delegates who book their accommodation through the Congress Secretariat.

### Deposits

Accommodation will not be confirmed until a deposit of one night's tariff is received. This deposit will be forwarded to your hotel and will be credited to your room account.

### Deadline for Accommodation Bookings

The Secretariat has an obligation to return all unsold rooms to the hotels/apartments on 22 January 2007, therefore accommodation bookings and rates reserved after that date cannot be guaranteed. The rates

quoted are only valid for bookings made prior to 22 January 2007.

### Cancellations

No accommodation deposits will be refunded on or after 22 January 2007.

### Early Arrival

Some international flights arrive in Sydney in the very early morning. As check in is not until 1500 at most hotels it is possible that your room may not be ready for immediate occupation on your early arrival. Whilst hotels will do everything possible to accommodate early arrivals, if you wish to be guaranteed immediate occupation you can pay an extra day's tariff for the night before you are due to arrive. If you wish to take this precaution, please advise the Secretariat on the registration form so that we can notify the hotel that your room is pre-registered.

### Late Arrival

Please indicate if you will arrive at your hotel after 1800. Failure to do

so might result in your room being released.

### Change of Booking

Any change in booking must be made in writing to the Congress Secretariat and NOT directly to the hotel.

### Family Accommodation/ Child Minding Facilities

If you are bringing your family to the congress, we recommend the Grand Mercure and Southern Cross Apartments as these are close to child-friendly attractions including The Sydney Aquarium, Imax Theatre and Darling Harbour area. The apartments are more spacious than standard hotel accommodation as they have a separate living and kitchen area. Please contact the hotel concierge for baby-sitting services.

### Group Accommodation Bookings

The Congress Secretariat offers organisations the opportunity to contract ten or more rooms for the congress. This requires a contract to be signed by ICMS Australasia and your organisation to block the group reservation.

For further information, please email the congress secretariat with the following information:

- Choice of Hotel
- Number of rooms required
- Check in and out dates
- Organisation
- Contact name

### Budget Accommodation

Please note that you will need to contact these budget hotels directly, not via the congress secretariat.

YWCA – Y on the Park  
5-11 Wentworth Avenue, Sydney  
NSW 2010, Australia  
International: +61 2 9264 2451  
Australia: 1800 994 994  
Email: yonthepark@ywca-sydney.com.au

Sydney Central YHA  
11 Rawson, Sydney 2000  
(opposite Central Station)  
Phone: +61 2 9281 9111  
Fax: +61 2 9281 9199  
Email: enquiriessydcntral@yhansw.org.au  
Web: www.yha.com.au



HOTEL	RATE	CHECK IN	CHECK OUT	WALK	MONO RAIL/ LIGHT RAIL*/ FERRY
<b>5 STARS</b>					
<b>Four Seasons</b>					
Run of City View King	AUD390	1500	1200	35	25
Run of Harbour View King	AUD430				
<b>Sheraton on the Park</b>					
Cityside Room	AUD330	1500	1100	20	8
Parkview Room	AUD360				
<b>Star City Casino</b>					
Deluxe Pyrmont View	AUD305	1500	1100	8	5*
Deluxe Harbour Bridge View	AUD350				
1 Bedroom City View Apartment	AUD380				
2 Bedroom Pyrmont View Apartment	AUD435				
<b>Sydney Hilton</b>					
Guest Room	AUD350	1500	1100	15-20	8
<b>4 STARS</b>					
<b>Novotel Darling Harbour</b>					
Pyrmont View Queen	AUD254	1500	1100	3	N/A
Pyrmont View Twin	AUD254				
Harbour View Queen	AUD304				
Harbour View Twin	AUD304				
<b>Crowne Plaza</b>					
Standard Queen	AUD255	1400	1100	8	N/A
Standard Twin	AUD255				
Premium Queen	AUD285				
Premium Twin	AUD285				
Suite	AUD335				
<b>Four Points by Sheraton</b>					
Cityside Room	AUD260	1500	1100	10	6
Harbour View Room	AUD290				
<b>Holiday Inn Darling Harbour</b>					
Superior Queen	AUD215	1400	1100	8	4*
Superior Twin	AUD215				
<b>Novotel Rockford</b>					
Superior King Room	AUD225	1400	1100	7	N/A
Superior Twin Room	AUD225				
<b>3.5 STARS</b>					
<b>Mercure Hotel Ultimo</b>					
Standard Queen	AUD200	1400	1100	15	9*
Standard Twin	AUD200				
<b>3 STARS</b>					
<b>Aarons Hotel</b>					
Single room	AUD125	1400	1000	5	20
Double or Twin Share	AUD135				
<b>Hotel Ibis</b>					
Pyrmont View Queen	AUD169	1500	1100	4	N/A
Pyrmont View Twin	AUD169				
Harbour View Queen	AUD189				
Harbour View Twin	AUD189				
<b>Mercure Hotel Sydney</b>					
Standard	AUD200	1400	1100	15	9*
<b>APARTMENTS</b>					
<b>Grand Mercure</b>					
Pyrmont View 2 Bedroom	AUD359	1500	1100	5	N/A
Harbour View 2 Bedroom	AUD459				
<b>Southern Cross</b>					
One Bedroom	AUD190	1400	1100	10	9
Two Bedroom	AUD270				
(Three bedroom apartments available on request)					

## SYDNEY TOURS

This special selection of tours have been designed exclusively for the Joint IFSSH and IFSHT 'Hand in Hand' Congress to be held from 11-15 March 2007 for accompanying persons, families and for delegates on their free days. Most tours include the services of a guide, unless otherwise indicated and each of the tours will operate from the Sydney Convention and Exhibition Centre – unless otherwise shown. Some tours require a minimum number of participants to operate. If this number is not reached, a full refund or alternative arrangements will be made.

### CITY OF SYDNEY

(Half Day – 3 1/2 hours)

Operates: Sunday 11 March 2007  
1300-1630

Cost: AUD40 per person  
Minimum: 20 participants

A special orientation tour featuring King's Cross and the exclusive suburbs of Double Bay, Rose Bay and Watson's Bay. Enroute stop at The Gap for a spectacular view of Sydney Harbour and the Pacific Ocean. Continue on to famous Bondi Beach for a brief stop before returning to the city via Paddington with it's restored 19th century colonial terraces. Continue past the Royal Botanic Gardens, the Conservatorium of Music, the Art Gallery and Mrs Macquarie's Chair for your final stop to enjoy the wonderful views of the Opera House.

### BREAKFAST AT THE FISH MARKETS

(Half Day – 3 1/2 hours)

Operates: Monday 12 March 2007  
0630-1000

Thursday 15 March 2007  
0630-1000

Cost: AUD90 per person  
Minimum: 15 participants  
Maximum: 60 participants

The Sydney Fish Markets is the largest market of its kind within the southern hemisphere and this tour enables delegates to take a look behind the scenes at the operations of the market and many of the 100 species of seafood that is auctioned off daily. With approximately 55 tonnes of seafood bought and sold at the

DAY	MORNING	AFTERNOON	FULL DAY
Sunday 11 March 2007		CITY OF SYDNEY COFFEE CRUISE (SEE PAGE 12)	
Monday 12 March 2007	BRIDGECLIMB  BREAKFAST AT THE FISH MARKETS  BUSHWALK ON SYDNEY HEADLANDS  ART GALLERY TOUR	LUNCH AT NICK'S AT BONDI  COFFEE CRUISE (SEE PAGE 12)	BLUE MOUNTAINS
Tuesday 13 March 2007	TOTAL OPERA EXPERIENCE  ROYAL BOTANIC GARDENS ABORIGINAL EXPERIENCE  KOALAS AND KANGAROOS BEHIND THE SCENES OF OPERA AUSTRALIA	SEE IFSSH SPORTS AND ACTIVITIES  BRIDGE CLIMB  COFFEE CRUISE (SEE PAGE 12)	BLUE MOUNTAINS
Wednesday 14 March 2007	BRIDGE CLIMB  BREAKFAST AT THE ZOO  COFFEE CRUISE (SEE PAGE 12)	COOKING CLASS WITH MATT MORAN FROM ARIA  AUSSIE BEACH CULTURE PHOTOGRAPHIC TOUR	BLUE MOUNTAINS  LESSONS FROM THE FARM
Thursday 15 March 2007	BRIDGE CLIMB  BREAKFAST AT THE FISH MARKETS  ART GALLERY TOUR  ROYAL BOTANIC GARDENS ABORIGINAL EXPERIENCE  THE ROCKS DISCOVERY	COFFEE CRUISE (SEE PAGE 12)	HUNTER VALLEY

markets daily, there is always plenty happening with the opportunity to view the auction floor, the sashimi pavilion and crustacean pen. The tour concludes with the opportunity for you to enjoy breakfast overlooking Pyrmont. Your tour includes a return trip on the Metro Light Rail, which will return you directly to the Sydney Convention Centre, with the opportunity to board it at your leisure.

### BUSHWALK ON SYDNEY HARBOUR HEADLANDS

(Half Day – 4 hours)

Operates: Monday 12 March 2007  
0830-1230

Cost: AUD35 per person  
Minimum: 15 participants

Stretch your legs and breathe in the fresh sea air! Enjoy a gentle walk for 1.5 hours along the spectacular

harbour headlands and beaches of Manly and The Spit Walkway past Clontarf Beach and Grotto Point. Along the way see Aboriginal carvings, flora and fauna plus all the history and stories of Sydney. Afterwards visit beautiful Balmoral Beach – one of Sydney's most beautiful areas.

Please wear comfortable walking shoes, hat and sunscreen. This tour is suitable for average daily walkers of all ages. An expert walking guide accompanies the tour for the full duration.

### BRIDGECLIMB

(Half Day – allow 3 hours)

Operates: Monday 12 March 2007  
0900-1200

Tuesday 13 March 2007 1400-1700

Wednesday 14 March 2007  
0900-1200

*Thursday 15 March 2007  
0900-1200*

*Cost: AUD165 per person*

*Minimum: No minimum participants*

*Note:* Children 12 years and under are not permitted to climb. Please make your own way to Bridge Climb's office at 5 Cumberland Street, The Rocks. Additional charges may apply for climbs outside the specified times mentioned above.

The Climb of your Life! Yes...you can climb the world famous Sydney Harbour Bridge. A professional team will take you up on an exhilarating climb all the way to the top! Opened in 1932, it's taken almost 70 years for this part of the Bridge to be made accessible to people with a sense of adventure. Special safety restrictions apply (including every climber passing an alcohol breath test) and carry items, including cameras, are not permitted. Rubber sole shoes please. A photo of your climb is included.

### **ART GALLERY TOUR**

*(Half Day - 2 hours)*

*Operates: Monday 12 March 2007  
1030-1230*

*Thursday 15 March 2007  
1030-1230*

*Cost: AUD55 per person*

*Minimum: 15 participants*

The Art Gallery of New South Wales is the leading museum of art within the state and one of Australia's foremost cultural institutions. It holds significant collections of Australian, European and Asian art, and presents nearly forty exhibitions annually.

This private tour of the Yiribana Aboriginal and Torres Strait Islander Gallery introduces participants to native Australian artwork, offering insight to the artworks meaning and development.

### **BLUE MOUNTAINS**

*(Full Day - 8 hours)*

*Operates: Monday 12 March 2007  
0830-1630*

*Tuesday 13 March 2007 0830-1630*

*Wednesday 14 March 2007  
0830-1630*

*Cost: AUD90 per person*

*Minimum: 20 participants*

The Blue Mountains region is famous for spectacular views of its sandstone

cliffs, valleys and waterfalls. Today's first stop will be at Glenbrook, where you will travel deep into the bush to get up close to the native kangaroos in the wild. Travel to Katoomba and stop at Echo Point for a magnificent view of the Jamison Valley and the famous rock formation of the "Three Sisters". Taking the world's largest cablecar, travel to the valley floor via the Scenicender and enjoy a gentle walk along the specially constructed boardwalk. Here you can learn about the native forest and flora and fauna. Enjoy lunch today at your leisure at the quaint mountain town of Leura, with an opportunity to explore the many arts and crafts stores prior to your return to Sydney.

### **TOTAL SYDNEY OPERA EXPERIENCE**

*(Half Day - 4 hours)*

*Operates: Tuesday 13 March 2007  
0830-1230*

*Cost: AUD77 per person*

*Minimum: 20 participants*

Visit Australia's premier performing arts centre for a tour of the Sydney Opera House, considered to be one of the 20th century's architectural triumphs. This tour provides the opportunity to venture inside one of the world's most recognised global landmarks, outlining the intricate and controversial history of Sydney Opera House, followed by a look behind the scenes at Opera Australia.

View a number of the six performance venues as well as the opportunity to visit the glass enclosed northern foyer areas, which boasts spectacular views of Sydney Harbour.

### **ROYAL BOTANIC GARDENS EXPERIENCE**

*(Half Day - 4 hours)*

*Operates: Tuesday 13 March 2007  
0830-1230*

*Thursday 15 March 2007  
0830-1230*

*Cost: AUD60 per person*

*Minimum: 15 participants*

This morning discover the history of the Royal Botanic Gardens, nestled overlooking the Sydney Opera House and Sydney Harbour Bridge. The Royal Botanic Gardens were founded in 1816 by Governor Macquarie and is the oldest botanical institute in Australia. Learn the Aboriginal

heritage of the land, which, prior to the landing of the first fleet in 1788, was inhabited by the Cadigal tribe. Take in the spectacular views of Sydney Harbour whilst taking in the beauty that the gardens have to offer. Upon conclusion of the tour enjoy brunch (own expense) within the tranquil gardens, with the option to spend the rest of the afternoon at leisure further discovering Sydney's Royal Botanic Gardens.

### **KOALAS & KANGAROOS**

*(Half Day - 3 1/2 hours)*

*Operates: Tuesday 13 March 2007  
0830-1200*

*Cost: AUD60 per person includes morning tea and guided tour*

*Minimum: 15 participants*

Australia has some of the world's most unique wildlife and here you will have an opportunity to see them close up. Your ranger will take you on a guided tour, where you will have the opportunity to meet a wombat, chat to a cockatoo, encounter an emu, feed a kangaroo, see wallabies, echidnas, flying foxes and view beautifully coloured birds – there is also an opportunity to hand feed the animals. The koala enclosure is a highlight with an opportunity to have your photo taken with a koala (own expense). Enjoy a traditional "Aussie" morning tea of Billy Tea & Damper.

### **BEHIND THE SCENES AT OPERA AUSTRALIA**

*(Half Day - 2 hours)*

*Operates: Tuesday 13 March 2007  
1000-1200*

*Cost: AUD27 per person*

*Minimum: 20 participants*

Visit the world renowned Australian Opera Company and take a glimpse behind the scenes of their workshops at Surry Hills. See virtually every production department, the props workshop; the Wardrobe section and the Arts Department where there are many fascinating works on display for viewing including costume tailoring, wigmakers, a jeweller, a cobbler and set dressing.

## **BREAKFAST AT THE ZOO**

*(Half Day – 4 hours)*

*Operates: Wednesday 14 March 2007 0630-1030*

*Cost: AUD97 per person*

*Minimum: 20 participants*

This morning's tour will give you a unique look at Taronga Zoo. You will be greeted on arrival by a special guest appearance by a native animal with a keeper. Enjoy a full Aussie cooked breakfast in the Zoo grounds overlooking spectacular Sydney Harbour. With exclusive use of the Zoo grounds prior to opening, you will experience a fully-escorted early morning tour of the Australian animal displays with expert guides, visiting the kangaroos, koalas, wombats, dingoes, echidnas and Australian birds.

There are great photographic opportunities throughout the morning and if you have nothing else planned for the day, why not spend it exploring the zoo at no additional cost. If you are a delegate at the congress, be assured that you can return in time for mid morning sessions commencing at 10.30am, with a return ferry ticket to Circular Quay included in the tour.

## **COOKING CLASS WITH MATT MORAN FROM ARIA**

*(Half Day – 3 1/2 hours)*

*Operates: Wednesday 14 March 2007 1230-1600*

*Cost: AUD143 per person*

*Minimum: 20 participants Maximum: 36 participants*

Matt Moran is one of Australia's most well known celebrity chef's and all with good cause. As a co-owner of Aria, one of Sydney's most successful restaurants, Matt maintains many hours of work in the kitchen as well as donating much of his time and expertise to Sydney's charity and arts dinners. He has still found time to pave a successful career on the international and local culinary circuit. He cooked at the prestigious gourmet house, James Beard, in New York, and is currently a chef on the International Culinary Panel for Singapore Airlines accompanying chefs such as Gordon Ramsay, George Blanc and Alfred Portale. Closer to home, Matthew has appeared as a judge on two series of Channel Seven's My Restaurant Rules. Learn from his

wealth of knowledge and experience within a purpose built kitchen, where he will demonstrate many of his delicious Aria dishes as well as allowing you the opportunity to sample them.

## **AUSSIE BEACH CULTURE PHOTOGRAPHIC TOUR**

*(Half Day – 4 hours)*

*Operates: Wednesday 14 March 2007 1300-1700*

*Cost: AUD130 per person*

*Minimum: 4 participants*

*Maximum: 12 participants*

*Departs: Bondi Pavillion*

Bondi Beach is the most famous beach in the world and offers unparalleled photographic opportunities and subjects. This workshop has a particular focus on landscapes, colour, action, modelling and dynamics. You will be shown how to shoot reportage style, interactive shots, how to 'break the ice' with strangers, changing your viewpoint, how to use a polarizing filter, creative use of leading lines, action, the art of tilting the camera, how to shoot landscapes, how to deal with contrasting exposure and much more. The route follows the coastal walk to Tamarama with its wave-sculptured cliffs enclosing this pretty cove. Tour departs Bondi Pavillion and concludes at Bronte Beach.

## **LESSONS FROM THE FARM**

*(Full Day – 7 1/2 hours)*

*Operates: Wednesday 14 March 2007 0830-1600 (lesson from 1030-1400)*

*Cost: AUD258 per person including wine school, lunch & tastings*

*Minimum: 20 participants*

Set in the beautiful Southern Highlands and run by one of Australia's most recognized Celebrity chef's, Geoff Jansz, this cooking class is nestled amongst Geoff's own fabulous vegetable, herb and orchard garden. Geoff has managed to combine his great passion in life with his profession – cooking. Classes are always inspiring, fun, very personal and never tired.

Using only fresh seasonal produce, the class takes you through every step of the recipes, ingredients are passed around, lots of tips are shared and finally, a tasting of the finished dish.



## **THE ROCKS DISCOVERY**

*(Half Day – 3 hours)*

*Operates: Thursday 15 March 2007 0900-1230*

*Cost: AUD35 per person*

*Minimum: 15 participants*

Travel back in time and discover the home of Australia's first European settlement. You will see some of Sydney's earliest buildings, shops old and new, homes of the "well to do" and cottages of the working class. Still to be seen are the pubs and hotels once frequented by the locals and sailors alike and the haunts of cutthroats and rogues. The many historic streets, narrow alleyways, sandstone stairs and churches combine to weave a fascinating tapestry of life in past and present times.

## **HUNTER VALLEY WINE COUNTRY**

*(Full Day – 10 hours)*

*Operates: Thursday 15 March 2007 0800-1800*

*Cost: AUD138 per person including lunch & tastings*

*Minimum: 15 participants*

Australia ranks as the world's seventh largest wine producer and the Australian wines are among the best in the world. Our clean environment together with a quality product has put Australia at the forefront in new world wine styles. The Hunter Valley is one of Australia's premier wine growing regions and is located north of Sydney. Today visit three of the regions finest wineries. Enjoy lunch surrounded by the vineyards and a visit to the Chocolate Factory.

**PRE CONGRESS TOUR –  
“REEF & ROCK”****Tuesday 6 March – Saturday  
10 March 2007**

This Pre Congress tour introduces the vastness of Central Australia and the Great Outback including the giant monolith of Ayers Rock – and in contrast, experiences the magical waters of the Great Barrier Reef. The tour offers the traveller the experience of two of Australia’s best known natural attractions in the one tour, appealing to participants who only have limited travelling time.

Tuesday 6 Mar ARRIVAL CAIRNS

Wednesday 7 Mar GREAT BARRIER REEF (B, L)

Thursday 8 Mar CAIRNS to AYERS ROCK (B, D)

Friday 9 Mar AYERS ROCK to ALICE SPRINGS (B, D)

Saturday 10 Mar ALICE SPRINGS to SYDNEY (B)

**TOUR COST PER PERSON**

AUD2154 when 1 person in a single room

AUD1566 when 2 persons sharing a room

AUD1468 when 3 persons sharing a room

Tour cost includes 4 nights first class hotel accommodation and meals as described. Transfers and touring is included as described and the overland coach transfer Ayers Rock to Alice Springs.

The tour cost does not include international or domestic airfares.

**POST CONGRESS TOUR –  
“ROCK & REEF”****Friday 16 March – Tuesday 20  
March 2006**

Please see the Pre-Congress Tour for information on “Rock and Reef”.

Friday 16 Mar SYDNEY to AYERS ROCK (D)

Saturday 17 Mar AYERS ROCK to ALICE SPRINGS (B)

Sunday 18 Mar ALICE SPRINGS to CAIRNS (B)

Monday 19 Mar GREAT BARRIER REEF (B, L)

Tuesday 20 Mar CAIRNS DEPART (B)

**TOUR COST PER PERSON**

AUD2154 when 1 person in a single room

AUD1566 when 2 persons sharing a room

AUD1468 when 3 persons sharing a room

Tour cost includes 4 nights first class hotel accommodation and meals as described. Transfers and touring is included as described and the overland coach transfer Ayers Rock to Alice Springs.

The tour cost does not include international or domestic airfares.

**POST CONGRESS TOUR –  
“REEF & ROCK”****Friday 16 March – Tuesday 20  
March 2006** (or upon conclusion of Post Congress Meeting)

Please see the pre Congress Tour for information of “Reef & Rock”.

Friday 16 Mar CAIRNS

Saturday 17 Mar GREAT BARRIER REEF (B, L)

Sunday 18 Mar CAIRNS to AYERS ROCK (B, D)

Monday 19 Mar AYERS ROCK to ALICE SPRINGS (B, D)

Tuesday 20 Mar ALICE SPRINGS to SYDNEY (B)

**TOUR COST PER PERSON**

AUD2154 when 1 person in a single room

AUD1566 when 2 persons sharing a room

AUD1468 when 3 persons sharing a room

Tour cost includes 4 nights first class hotel accommodation and meals as described. Transfers and touring is included as described and the overland coach transfer Ayers Rock to Alice Springs.

The tour cost does not include international or domestic airfares.

**POST CONGRESS TOUR –  
“NEW ZEALAND”****Friday 16 March – Saturday 24  
March 2007**

New Zealand, is a country of rare beauty and amazing contrasts, small in size, and offering all types of attractions to the international visitor within easy travelling distance. This is a marvellous opportunity to experience the wonders of Australia’s close neighbour.

Friday 16 Mar SYDNEY to CHRISTCHURCH (B)

Saturday 17 Mar CHRISTCHURCH GLACIER REGION (B)

Sunday 18 Mar GLACIER REGION TO QUEENSTOWN (B)

Monday 19 Mar QUEENSTOWN (B)

Tuesday 20 Mar QUEENSTOWN TO CHRISTCHURCH (B)

Wednesday 21 Mar CHRISTCHURCH TO ROTORUA (B)

Thursday 22 Mar ROTORUA-WAITOMO CAVES-AUCKLAND (B)

Friday 23 Mar AUCKLAND (B)

Saturday 24 Mar DEPART AUCKLAND (B)

**TOUR COST PER PERSON**

AUD3365 when 1 person in a single room

AUD2174 when 2 persons sharing a room

AUD1965 when 3 persons sharing a room

Tour Cost includes 8 nights first class accommodation, cooked breakfast daily, Trans Alpine train, transfers and tours as described.

The tour cost does not include international or domestic airfares or New Zealand departure tax.

**POST CONGRESS TOUR –  
“THE AUSTRALIAN  
EXPLORER”****Friday 16 March – Saturday 24  
March 2007**

Explore the uniqueness of much of this vast continent with its amazing contrasts. There is the wildlife of Kangaroo Island,

the wine country of South Australia, and Australia's Outback – a remarkable land of prehistoric formations, pioneer history and Aboriginal heritage.

Friday 16 Mar SYDNEY to THE BAROSSA VALLEY (L)

Saturday 17 Mar KANGAROO ISLAND (B, L)

Sunday 18 Mar ADELAIDE to ALICE SPRINGS (B)

Monday 19 Mar ALICE SPRINGS to AYERS ROCK (B, D)

Tuesday 20 Mar AYERS ROCK/ ULURU NATIONAL PARK (B, L)

Wednesday 21 Mar AYERS ROCK to DARWIN (B)

Thursday 22 Mar DARWIN to KAKADU NATIONAL PARK (B, L)

Friday 23 Mar KAKADU EXPLORING (L)

Saturday 24 Mar DARWIN DEPARTURE (B)

#### TOUR COST PER PERSON

AUD3956 When 1 person sharing single room

AUD2959 When 2 persons sharing twin room

AUD2806 When 3 persons sharing triple room

Tour Cost includes 8 nights first class accommodation and continental breakfast, meals as specified, transfers and tours as described and the overland coach from Alice Springs to Ayers Rock and Darwin to Kakadu round trip.

Tour cost does not include international or domestic airfares.

### POST CONGRESS TOUR –“SOUTHERN QUEENSLAND WORLD HERITAGE”

**Friday 16 March – Tuesday 20 March 2007**

ul island and rainforest vegetation. This 5 day tour gives you the opportunity to explore the beauty of the World Heritage Listed Lamington National Park and Fraser Island, whilst staying in beautifully unique accommodation.

Friday 16 Mar SYDNEY/CAIRNS TO LAMINGTON NATIONAL PARK

Saturday 17 Mar LAMINGTON NATIONAL PARK (B)

Sunday 18 Mar LAMINGTON NATIONAL PARK TO FRASER ISLAND (B)

Monday 19 Mar FRASER ISLAND (B,L)

Tuesday 20 Mar FRASER ISLAND TO BRISBANE DEPARTURE (B)

**\*\* PLEASE NOTE THAT THE DATE FOR THIS DEPARTURE IS FLEXIBLE FOR CAIRNS**

**\*\* DELEGATES DEPENDING ON DATE OF CLOSURE OF POST CONGRESS MEETING**

#### TOUR COST PER PERSON

AUD1972 when 1 person sharing single room

AUD1289 when 2 persons sharing twin room

AUD1022 when 3 persons sharing twin room

Tour cost includes accommodation for 4 nights including full breakfast daily, "Discovery Program" guided activities, morning and afternoon tea at O'Reillys Guesthouse, return catamaran transfers to Fraser Island, ranger guided resort walks and nature talks and a full day ranger guided 4WD tour of Fraser Island.

Tour cost does not include international or domestic airfares.



If these tours do not suit your interests or travel schedule, we would be happy to assist in designing a tailored itinerary to meet your requirements.

### HOW TO BOOK

For online bookings please visit the congress website [www.hands2007.com](http://www.hands2007.com)

Or please complete the Tour Booking Form and return by fax to The Congress Travel Office on +61 2 9954 0421 or by airmail.

### PAYMENTS

#### (1) Pre & Post Tours

(a) A deposit of AUD200.00 per person per tour is required to confirm a booking and must be attached to the Tour Booking Form. Full payment is due by 8th January 2007 – The Congress Travel Office will forward you a Tax Invoice for full payment with the confirmation of your tours.

(b) For bookings made after 8th January 2007, full payment is required within seven (7) days of confirmation being advised.

#### (2) Day Tours

Full payment is due at time of booking for all day tours.

### TRAVEL INSURANCE

It is strongly recommended that at the time of booking your travel and tours, you take out a travel insurance policy before your departure. Applications for travel insurance are available through the Congress Travel Office.

### INTERNATIONAL and DOMESTIC AUSTRALIAN AIRFARES

The Congress Travel Office can provide competitive airfares for your air travel to Australia. Please contact us for a quotation.

*PLEASE NOTE: Pre & Post tours do not include international or domestic airfares unless specified.*

We recommend that delegates book their connecting flights immediately upon confirmation of touring to ensure seats on most the direct flight.

Whilst all effort is made to assist delegates with their arrangements, the Congress Travel Office accepts no responsibility for delegates failure to secure flights, nor any liability should these flights be delayed or cancelled.

### LATE BOOKINGS – PRE & POST TOURS

Any bookings made after 8th January 2007 will be subject to availability. The Congress Travel Office reserves the right to impose a late booking fee of AUD50.00 per person per tour.

### PRE & POST TOUR EXCLUSIONS

Pre & Post Tours do not include items of a personal nature such as laundry, telephone calls and mini bar costs.

As mentioned previously, Pre & Post tours do not include international or domestic airfares unless specified.

### CANCELLATION POLICY

The following cancellation policies apply:

- (a) Pre & Post Tours Prior to 8th January 2007 a full refund less the AUD200.00 per person per tour non-refundable deposit. From 8th January 2007 all cancellations are subject to 100% cancellation penalties. All cancellations must be received in writing to the Congress Travel Office.
- (b) Day Tours Please select the day tours carefully as day tours are non-refundable.

### THE CONGRESS TRAVEL OFFICE

All pre & post tours and day tours have been designed and will be operated by:

The Congress Travel Office  
Level 10, 33 Berry Street,  
North Sydney  
NSW 2060, Australia

Travel Agents Licence #2TA001930  
ABN #85 003 133 551

Telephone: +61 2 9954 2600  
Facsimile: +61 2 9954 0421  
Email: hands2007@gtaus.com.au



### CENTRAL AUSTRALIA

5 DAYS / 4 NIGHTS  
MINIMUM 10; MAXIMUM 13

Join Jennifer Isaacs on an insiders Aboriginal art adventure to Central Australia. See Alice Springs through the eyes of the local indigenous people. Enjoy a private cocktail function at a local gallery with the opportunity to meet a local artist.

Visit the remote Warlukurlangu Artist Centre at Yuendumu. Experience a 'swag' under the stars for your accommodation by special permission of the Yuendumu Community.

Travel to Ayers Rock (Uluru) a world class destination for both its cultural and natural heritage that has great cultural significance for the Anangu traditional landowners.

Please note: A 'swag' is a canvas bedroll with a mattress, linen and pillow for sleeping in on the ground.

#### ITINERARY

MONDAY 5 March  
ARRIVE ALICE SPRINGS  
TUESDAY 6 March  
ALICE AND SURROUNDS  
WEDNESDAY 7 March  
ALICE TO YUENDUMU  
THURSDAY 8 March  
YUENDUMU TO ULURU  
FRIDAY 9 March  
DEPART ULURU  
COSTS  
10 - 12 PAYING PASSENGERS  
AUD\$4,260 PER PERSON

### KAKADU / ARNHAM LAND / TIWI ISLANDS (TOP END NT)

5 DAYS / 4 NIGHTS  
MINIMUM 10; MAXIMUM 17

Join Jennifer Isaacs on an insiders

Aboriginal art adventure to Northern Australia.

The Top End of the Northern Territory has some of the most extensive and diverse Aboriginal rock art in Australia. A unique feature of this art is its continuing connection and relevance to current Aboriginal culture.

Visit World Heritage listed Kakadu with its diverse and fascinating wildlife and exceptional Aboriginal art sites.

Visit remote Arnhem Land and one of the great natural and cultural sites that hosts some of the richest and most diverse rock art of the Arnhem Land region.

Spend a day as a guest on Bathurst and Melville Islands, known as the Tiwi Islands. A visit to these islands provides a rich cultural interaction where you observe traditions that have withstood the impact of the outside world for centuries.

#### ITINERARY

FRIDAY 16 March  
ARRIVE DARWIN  
SATURDAY 17 March  
KAKADU  
SUNDAY 18 March  
ARNHEM LAND  
MONDAY 19 March  
TIWI ISLANDS  
TUESDAY 20 March  
DEPART DARWIN

#### COSTS

10 - 14 PAYING PASSENGERS  
AUD\$4,030 PER PERSON

#### BOOKINGS:

Diverse Travel Australia  
Tel: (08) 8303 3422  
Fax: (08) 8303 4363  
E-mail:  
carolined@diversetravel.com.au

**10th Triennial Congress of the International Federation of Societies for Surgery of the Hand (IFSSH) & 7th Triennial Congress of the International Federation of Societies for Hand Therapy (IFSHT). 11-15 March 2007**

Note: All costs are quoted in Australian dollars (AUD) inclusive of GST.

Please complete one form for each registrant. Please use BLOCK LETTERS

Register online at [www.hands2007.com](http://www.hands2007.com) or return form to:

**IFSSH & IFSHT Congress 2007**

**C/- ICMS Australasia Pty Ltd**

**GPO Box 3270 Sydney NSW 2001 AUSTRALIA**

**Section 1 Personal Details**

Title (Prof/Assoc Prof/Dr/Mr/Mrs/Ms/Miss) \_\_\_\_\_ Surname \_\_\_\_\_

Given Name \_\_\_\_\_

Position \_\_\_\_\_

Organisation/Institution \_\_\_\_\_

Department \_\_\_\_\_

Address \_\_\_\_\_

City/Suburb \_\_\_\_\_

State \_\_\_\_\_ Postcode \_\_\_\_\_ Country \_\_\_\_\_

Telephone\* (\_\_\_\_\_) \_\_\_\_\_ Facsimile \* (\_\_\_\_\_) \_\_\_\_\_

\* Country + Area/City Codes required

Email \_\_\_\_\_

Special requirements (specific dietary, wheelchair access or other requirements) \_\_\_\_\_

**Section 2 Registration Fees** All fees are quoted in Australian dollars (AUD) inclusive of GST.

	Before 1 December 2006	1 December 2006 – 23 February 2007	After 23 February 2007	Subtotal
Surgeons	AUD1210	AUD1430	AUD1870	_____
Therapists	AUD605	AUD715	AUD990	_____
Trainee Surgeons*	AUD880	AUD990	AUD1100	_____
Accompanying Person	AUD150	AUD150	AUD150	_____

Name of Accompanying Person \_\_\_\_\_

\* Letter from Head of Department is required to receive the Trainee Surgeon's registration fee.

Surname \_\_\_\_\_ Given Name \_\_\_\_\_ (must complete if faxing)

**Section 3 Social Functions** Please indicate your attendance at all inclusive functions

	Cost	No of Tickets	Total Cost
<i>Sunday, 11 March 2007</i>			
Orientation Harbour Cruise	AUD39	_____	_____
Opening Ceremony and Welcome Reception			
Delegate	Inclusive	_____	_____
Accompanying Person	Inclusive	_____	_____
Additional Tickets	AUD75	_____	_____
<i>Monday, 12 March 2007</i>			
Orientation Harbour Cruise	AUD39	_____	_____
Lunch at Nick's Seafood Restaurant			
Accompanying Person	AUD60	_____	_____
Delegate/Other	AUD90	_____	_____
Cocktail Cruise	AUD77	_____	_____
Opera – La Traviata	AUD170	_____	_____
<i>Tuesday, 13 March 2007</i>			
Orientation Harbour Cruise	AUD39	_____	_____
IFSSH Official Banquet	AUD200	_____	_____
IFSHT Official Banquet	AUD150	_____	_____
<i>Wednesday, 14 March 2007</i>			
Orientation Harbour Cruise	AUD39	_____	_____
Congress Party			
Delegate	AUD25	_____	_____
Accompanying Person	AUD25	_____	_____
Additional Tickets	AUD100	_____	_____
<i>Thursday, 15 March 2007</i>			
Orientation Harbour Cruise	AUD39	_____	_____
			<b>Social Function Total: \$</b> _____

**Section 4 IFSSH Sports Afternoon** Tuesday 13 March 2007 from 1230

Event	Cost	No of Tickets	Total Cost
Golf	AUD100	_____	_____
I wish to hire <input type="checkbox"/> Motorised Golf Buggy <input type="checkbox"/> Left Handed Clubs <input type="checkbox"/> Right Handed Clubs (all at own expense)			
Tennis – Social	AUD60	_____	_____
– Competition	AUD60	_____	_____
Yacht Race on Sydney Harbour	AUD216	_____	_____
Horseriding	AUD90	_____	_____
<input type="checkbox"/> Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Experienced			
Quad Biking in the Hinterland	AUD175	_____	_____
Ku-Ring-Gai National Park Walkabout	AUD114	_____	_____
Bushwalking on Sydney Harbour Headlands	AUD35	_____	_____
			<b>Sports Afternoon Total: \$</b> _____



## Section 5 Accommodation

Payment of the first night's tariff must be received with your registration to secure your accommodation booking. If a deposit is not received, your booking will not be processed. Please see page 17 of the registration brochure for further details on accommodation booking conditions.

NOTE: ACCOMMODATION BOOKINGS CLOSE ON 22 JANUARY 2007

Please number hotels and apartments in order of preference from 1-5.

Hotel Room	Costs per night inclusive of GST	Hotel Room	Costs per night inclusive of GST
<b>5 STARS*****</b>			
<i>Four Seasons</i>			
<input type="checkbox"/> Run of City View King	AUD390	<input type="checkbox"/> Superior Queen	AUD215
<input type="checkbox"/> Run of Harbour View King	AUD430	<input type="checkbox"/> Superior Twin	AUD215
<i>Sheraton on the Park</i>			
<input type="checkbox"/> Cityside Room	AUD330	<input type="checkbox"/> Superior King Room	AUD225
<input type="checkbox"/> Parkview Room	AUD360	<input type="checkbox"/> Superior Twin Room	AUD225
<i>Star City Casino</i>			
<input type="checkbox"/> Deluxe Pyrmont View	AUD305	<b>3.5 STARS***</b>	
<input type="checkbox"/> Deluxe Harbour Bridge View	AUD350	<i>Mercure Hotel Ultimo</i>	
<input type="checkbox"/> 1 Bedroom City View Apartment	AUD380	<input type="checkbox"/> Standard Queen	AUD200
<input type="checkbox"/> 2 Bedroom Pyrmont View Apartment	AUD435	<input type="checkbox"/> Standard Twin	AUD200
<i>Sydney Hilton</i>			
<input type="checkbox"/> Guest Room	AUD350	<b>3 STARS***</b>	
<b>4 STARS****</b>			
<i>Novotel Darling Harbour</i>			
<input type="checkbox"/> Pyrmont View Queen	AUD254	<i>Aarons Hotel</i>	
<input type="checkbox"/> Pyrmont View Twin	AUD254	<input type="checkbox"/> Single room	AUD125
<input type="checkbox"/> Harbour View Queen	AUD304	<input type="checkbox"/> Double or Twin Share	AUD135
<input type="checkbox"/> Harbour View Twin	AUD304	<i>Hotel Ibis</i>	
<i>Crowne Plaza</i>			
<input type="checkbox"/> Standard Queen	AUD255	<input type="checkbox"/> Pyrmont View Queen	AUD169
<input type="checkbox"/> Standard Twin	AUD255	<input type="checkbox"/> Pyrmont View Twin	AUD169
<input type="checkbox"/> Premium Queen	AUD285	<input type="checkbox"/> Harbour View Queen	AUD189
<input type="checkbox"/> Premium Twin	AUD285	<input type="checkbox"/> Harbour View Twin	AUD189
<input type="checkbox"/> Suite	AUD335	<i>Mercure Hotel Sydney</i>	
<i>Four Points by Sheraton</i>			
<input type="checkbox"/> Cityside Room	AUD260	<input type="checkbox"/> Standard	AUD200
<input type="checkbox"/> Harbour View Room	AUD290	<b>APARTMENTS</b>	
<i>Grand Mercure</i>			
<input type="checkbox"/> Pyrmont View 2 Bedroom			
<input type="checkbox"/> Harbour View 2 Bedroom			
<i>Southern Cross</i>			
<input type="checkbox"/> One Bedroom			
<input type="checkbox"/> Two Bedroom			

Single    Double    Twin    Smoking    Non Smoking

Arrival Date: \_\_\_\_\_ ETA (estimated time of arrival) \_\_\_\_\_

Departure Date: \_\_\_\_\_

As I will be checking in prior to 1500, I wish to pre register my room from the previous night indicated above (an additional night's tariff applies)

I will be arriving after 1800.

**Accommodation Deposit: \$** \_\_\_\_\_

Surname \_\_\_\_\_ Given Name \_\_\_\_\_ (must complete if faxing)

### Section 7 Summary of Payments

Section 2 Registration Fees \$ \_\_\_\_\_  
Section 3 Social Functions \$ \_\_\_\_\_  
Section 4 Sports Afternoon \$ \_\_\_\_\_  
Section 5 Accommodation \$ \_\_\_\_\_

**TOTAL PAYMENT ENCLOSED \$ \_\_\_\_\_**

### Payment

All prices are quoted in Australian dollars. Payment must accompany your registration form. Conference registration cannot be confirmed until payment is received.

**Cheque/international bank drafts**

Payable to IFSSH & IFSHT Congress 2007. Payment must be made in Australian dollars payable on an Australian bank and free of all charges.

**OR**

**Credit card**

Charges as per this form are to be debited to:

Mastercard  Visa  Diners Club  American Express Amex ID No: \_\_\_\_\_

Cardholder's name \_\_\_\_\_ Expiry date \_\_\_\_/\_\_\_\_

Credit card number

Card holder's signature \_\_\_\_\_

Please note that debits to your credit card, excluding accommodation, will appear as *ICMS Australasia* on your credit card statement.

### Please send form and payment to:

**IFSSH & IFSHT Congress Secretariat  
GPO Box 3270 SYDNEY NSW 2001  
AUSTRALIA**

**Telephone: +61 2 9254 5000  
Facsimile: +61 2 9251 3552  
Email: [info@hands2007.com](mailto:info@hands2007.com)**

**On Line Registration [www.hands2007.com](http://www.hands2007.com)**

*In registering for the congress relevant details will be incorporated into a delegate list for the benefit of all delegates, and also may be made available to parties directly related to the congress including venues, accommodation providers, sponsors and key suppliers.*

*I consent to the collection, use and disclosure of information (excluding credit card details) provided in this registration form in accordance with and for the purpose outlined above.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**10th Triennial Congress of the International Federation of  
Societies for Surgery of the Hand (IFSSH) &  
7th Triennial Congress of the International Federation of  
Societies for Hand Therapy (IFSHT).  
11-15 March 2007**

*Note: All costs are quoted in Australian dollars (AUD) inclusive of GST.  
Please complete one form for each registrant. Please use BLOCK LETTERS*

**Personal Details**

Title (Prof/Assoc Prof/Dr/Mr/Mrs/Ms/Miss) \_\_\_\_\_ Surname \_\_\_\_\_

Given Name \_\_\_\_\_

Organisation/Institution \_\_\_\_\_

Department \_\_\_\_\_

Address \_\_\_\_\_

City/Suburb \_\_\_\_\_

State \_\_\_\_\_ Postcode \_\_\_\_\_ Country \_\_\_\_\_

Telephone\* (\_\_\_\_\_) \_\_\_\_\_ Facsimile \* (\_\_\_\_\_) \_\_\_\_\_

\* Country + Area/City Codes required

Email \_\_\_\_\_

Accompanying Persons (please indicate age of any children) \_\_\_\_\_

I require disability facilities \_\_\_\_\_

Special Dietary Requirements \_\_\_\_\_

Hotel in Sydney \_\_\_\_\_

**International Travel Details - To/From Australia**

Arrival Date \_\_\_\_\_ Arrival City \_\_\_\_\_ Flight # \_\_\_\_\_

Departure Date \_\_\_\_\_ Departure City \_\_\_\_\_ Flight # \_\_\_\_\_

**Domestic Australia Air Travel** (only applicable if you have booked your own flights)

Travel Date \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_ Flight # \_\_\_\_\_

Travel Date \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_ Flight # \_\_\_\_\_

Travel Date \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_ Flight # \_\_\_\_\_

Travel Date \_\_\_\_\_ From \_\_\_\_\_ To \_\_\_\_\_ Flight # \_\_\_\_\_

Please specify your airline record locator number (if known) \_\_\_\_\_

**OR - please provide an airfare quote**

Flights required: \_\_\_\_\_

Delegate name \_\_\_\_\_

Surname \_\_\_\_\_ Given Name \_\_\_\_\_ (must complete if faxing)

### Day Tours – Delegates & Accompanying Persons

Date	Tour	Cost	No. of Persons	Total Cost
Sunday 11 March	City of Sydney	AUD40	_____	AUD_____
Monday 12 March	BridgeClimb	AUD165	_____	AUD_____
	Breakfast at the Fish Markets	AUD90	_____	AUD_____
	Art Gallery Tour	AUD55	_____	AUD_____
	Blue Mountains	AUD90	_____	AUD_____
	Bushwalk on the Sydney Harbour Headland	AUD35	_____	AUD_____
Tuesday 13 March	BridgeClimb	AUD165	_____	AUD_____
	Behind the Scenes of Opera Australia	AUD27	_____	AUD_____
	Royal Botanic Gardens Experience	AUD60	_____	AUD_____
	Blue Mountains	AUD90	_____	AUD_____
	Total Opera Experience	AUD77	_____	AUD_____
	Koalas and Kangaroos	AUD60	_____	AUD_____
Wednesday 14 March	BridgeClimb	AUD165	_____	AUD_____
	Breakfast at the Zoo	AUD97	_____	AUD_____
	Blue Mountains	AUD90	_____	AUD_____
	Aussie Beach Culture Photographic Tour	AUD130	_____	AUD_____
	Cooking Class with Matt Moran	AUD143	_____	AUD_____
	Lessons from the Farm	AUD258	_____	AUD_____
Thursday 15 March	BridgeClimb	AUD165	_____	AUD_____
	Royal Botanic Gardens Experience	AUD60	_____	AUD_____
	Breakfast at the Fish Markets	AUD90	_____	AUD_____
	Art Gallery Tour	AUD55	_____	AUD_____
	Hunter Valley	AUD138	_____	AUD_____
	The Rocks Discovery	AUD35	_____	AUD_____
			<b>TOTAL</b>	<b>AUD_____</b>

### Pre & Post Congress Tours

#### Pre Tour

##### 1. Reef & Rock 6 - 10 March 2007

Occupancy	Cost per person	No. of persons	Deposit	Total Deposit
Triple	AUD1468	_____	AUD200	AUD_____
Twin Share	AUD1566	_____	AUD200	AUD_____
Single	AUD2154	_____	AUD200	AUD_____

Delegate name \_\_\_\_\_

Surname \_\_\_\_\_ Given Name \_\_\_\_\_ (must complete if faxing)



## Post Tours

### 1. Rock & Reef (ex Sydney) 16 - 20 March 2007

Occupancy	Cost per person	No. of persons	Deposit	Total Deposit
Triple	AUD1468	_____	AUD200	AUD_____
Twin Share	AUD1566	_____	AUD200	AUD_____
Single	AUD2154	_____	AUD200	AUD_____

### 2. Reef & Rock (ex Cairns) 16 - 20 March 2007

Triple	AUD1468	_____	AUD200	AUD_____
Twin Share	AUD1566	_____	AUD200	AUD_____
Single	AUD2154	_____	AUD200	AUD_____

### 3. New Zealand 16 - 24 March 2007

Triple	AUD1965	_____	AUD200	AUD_____
Twin Share	AUD2174	_____	AUD200	AUD_____
Single	AUD3365	_____	AUD200	AUD_____

### 4. The Australian Explorer 16 - 24 March 2007

Triple Share	AUD2806	_____	AUD200	AUD_____
Twin Share	AUD2959	_____	AUD200	AUD_____
Single	AUD3956	_____	AUD200	AUD_____

### 5. Southern Queensland World Heritage 16 - 20 March 2007

Triple Share	AUD1022	_____	AUD200	AUD_____
Twin Share	AUD1289	_____	AUD200	AUD_____
Single	AUD1972	_____	AUD200	AUD_____

**TOTAL AUD\_\_\_\_\_**

## Payment for Pre & Post Congress Tours

Item	Tour	Amount Enclosed
Pre Tour 1	Reef & Rock	AUD_____
Post Tour 1	Rock & Reef (ex Sydney)	AUD_____
Post Tour 2	Reef & Rock (ex Cairns)	AUD_____
Post Tour 3	New Zealand	AUD_____
Post Tour 4	The Australian Explorer	AUD_____
Post Tour 5	Southern Queensland World Heritage	AUD_____

**TOTAL PAYMENT: PRE & POST TOURS AUD\_\_\_\_\_**

**TOTAL PAYMENT: DAY TOURS AUD\_\_\_\_\_**

**TOTAL PAYMENT ENCLOSED AUD\_\_\_\_\_**

Room(s) Requested  Single  Twin  Double  Triple  Smoking  Non-Smoking

Surname \_\_\_\_\_ Given Name \_\_\_\_\_ (must complete if faxing)

Delegate name \_\_\_\_\_

**IMPORTANT NOTE:** By completing payment details below, you are agreeing to the terms and conditions imposed by the Congress Travel Office, available online, in the registration brochure and on request by contacting the Congress Travel Office on details at bottom of this page.

Please tick the appropriate box below:

Please Note: Cheques and Bank Drafts are not accepted

**I wish to pay by credit card.**

Tick card type:  Visa  Mastercard  Bankcard  Amex Amex ID No. \_\_\_\_\_

Cardholder's name \_\_\_\_\_ Expiry date \_\_\_\_/\_\_\_\_

Credit card number

Card holder's signature \_\_\_\_\_

**I have transferred the above sum to the following account:**

General Travel Group Pty Ltd  
ANZ Bank  
116 Miller Street  
North Sydney NSW Australia

BSB: 012-361  
Account No: 229175132

Please Note: All transfer fees MUST be paid by payer - please indicate this on transfer slip. A copy of the transfer slip MUST be attached to this registration form.

**Please return completed form to:**

**Congress Travel Office**  
**10th Floor, 33 Berry Street**  
**North Sydney NSW 2060**  
**Australia**

**Tel: (61 2) 9954 2600**  
**Fax: (61 2) 9954 0421**  
**Email: hands2007@gtaus.com.au**

stryker

Leibinger Microimplants

# Comprehensive Hand Systems

**Prolyte Modular**

Rigid Hand Fixation System

**Universal Distal Radius**

Wrist, Dorsal and Ulna Colletts Polycast  
Locking Plates

**Colorado Needle**

Micro-Injection Needles

**TwisFix**

Distended Compression Screw System

**Leibinger Instruments**

General Instruments for Hand Surgery





**IFSSH & IFSHT**  
SYDNEY AUSTRALIA  
11-15 MARCH 2007

Congress Secretariat  
GPO Box 3270, Sydney NSW 2001 Australia  
Tel: (+61 2) 9254 5000  
Fax: (+61 2) 9251 3552  
Email: [info@hands2007.com](mailto:info@hands2007.com)  
[www.hands2007.com](http://www.hands2007.com)

Registration brochure sponsored by

**stryker**<sup>®</sup>