

33rd Annual Meeting
Best Practice in Hand Therapy

ASHT

AMERICAN SOCIETY OF HAND THERAPISTS™

*Hosted by the American Society
of Hand Therapists (ASHT)*

June 23, 2010

Caribe Royale Orlando
Hotel & Convention Center
Orlando, Florida

www.asht.org

ASHT 33rd Annual Meeting

Best Practice in Hand Therapy

The American Society of Hand Therapists (ASHT) invites you to its 33rd Annual Meeting, *Best Practice in Hand Therapy*, **June 23, 2010 at the Caribe Royale Orlando Hotel & Convention Center in Orlando, Florida, USA**, taking place prior to the 8th Triennial Congress of the International Federation of Societies for Hand Therapy (IFSHT).

ASHT COURSE OBJECTIVES

Upon completion of the Annual Meeting, participants will be able:

- To engage in hand therapist networks to grow clinically, academically and professionally with colleagues nationally and internationally
- To build the bridge of evidence-based practice (update one's knowledge of latest research in hand therapy and surgery, while discovering how to integrate evidence-based practice)
- To apply basic science to clinical practice
- To apply clinical practice skills, based on studied outcomes of techniques and procedures
- To discover and evaluate strategies and clinical ideas to improve everyday practice and patient outcomes

Thank You to ASHT's 33rd Annual Meeting Conference Committee

Chair

Missy Cathcart Thurlow, MBA, OTR/L, CHT

Vice Chair

Marta Brinkley, OTR/L, CHT

Committee Members

Jeanine Beasley, EdD, OTR, CHT

Mike Cricchio, MBA, OTR/L, CHT

ASHT MISSION STATEMENT

To be the recognized leader in advancing the science and practice of hand therapy through education, advocacy, research and clinical standards.

ASHT VISION STATEMENT

ASHT builds and supports the community for professionals dedicated to the excellence of hand therapy.

Meeting Agenda

Schedule is tentative and subject to change without notice.

Wednesday, June 23, 2010

8:00 a.m. – 10:15 a.m.

ASHT General Session

Surgical Demonstration
Anatomy of the Forearm and Hand
Paul C. Dell, MD

Review:

1. Course of Nerves through the forearm
2. Extrinsic extensors and flexors
3. Intrinsic anatomy and function
4. Flexor tendon and pulley anatomy

ASHT Presidential Lecture
Evidence Based Practice: Power in the Palm of Your Hand
Peggy J. Boineau, OTR, CHT

This lecture will introduce the theme of the meeting, “Best Practice in Hand Therapy.” The speaker will outline barriers to implementation of Evidence Based Practice, and will present ideas and strategies for overcoming these barriers.

Applying Evidence to Your Clinical Practice

Joy C. MacDermid, BScPT, PhD
Susan Michlovitz, PT, PhD, CHT

The focus of this session is to apply concepts of evidence-based practice (EBP) to patient management. Case examples are used to illustrate principles of EBP related to evaluation and treatment techniques used by hand therapists.

10:00 a.m. – 10:30 a.m.

Break



10:30 a.m. – 11:45 a.m.

ASHT General Session - Continued

10:30 a.m. – 11:00 a.m.

President's Invited Lecture
A Vision for Clinical Research: From the Clinic to the Community
Jane Bear-Lehman, PhD, OTRL, FAOTA

Learn how a model for translational research can be considered a next step for hand research and a strategic plan for bringing clinical hand research beyond its immediate focus to demonstrate its potential use for broader societal impact. Research empowers clinical practice, as it provides the evidence for informed decision-making. The new catch phrase in medicine and among federal research funding agencies is “models for translational research.” These models are reliant on evidence-based practice and outcome research. However, for hand therapists, there are several key distinctions that our practice of clinical research should not only address, but also enable us to posture ourselves to serve as leaders and innovators. In particular, models for translational research call upon interdisciplinary, bi-directional research with an end product that directly impacts the community. Specifically, the translational research model requires equally important bi-directional relationships that bring the older, well-accepted model of “bench to clinic” full circle, empowering the meaning of clinical research to directly impact our knowledge.

11:00 a.m. – 11:45 a.m.

Nerve Dysfunction and Tendon Transfers

Paul C. Dell, MD

1. Review Principles of the tendon transfer
2. Differentiate between Radial and Posterior Interosseous Nerve Palsies with Appropriate Transfers
3. Describe high and low median anterior interosseous nerve palsies with transfers
4. Describe high and low ulnar nerve palsies with transfers

11:45 a.m. – 1:00 p.m.

Lunch and ASHT Annual Business Meeting / Emerging Issues

1:15 p.m. – 3:15 p.m.

Concurrent Instructional Courses

Thinking Differently About Pain

*Jeff Cowdry, OTIL, CHT
Robert Hagan, MD*

This course provides a review of the basics and the advancing thoughts on nerve transmission and reception, as well as the problem of pain and current surgical and rehabilitative methods of treating complex pain. Learn how RSD/CRPS is over diagnosed, how neuropathy can be treated and newer concepts for peripheral nerve injury solutions.

Coding for the Hand Therapist; Using Evidence to Improve Reimbursement

*Jerry Coverdale, OTR, CHT
Elizabeth DeHerder, OTR/L, CHT*

This instructional course provides hand therapists with the knowledge and tools needed to properly use L-codes for orthotic billing, CPT codes for treatment billing and the means to acquire existing research to improve and maximize reimbursement.

Hands-on Orthotics – Options for the Stiff Wrist

*Mike Szekeres, OT, CHT
Gary Solomon, MS, OTR/L, CHT
Jeanine Beasley, EdD, OTR, CHT*

This intermediate-level instructional course introduces an exciting new program offered through ASHT – Hands-on Orthotics. This program enhances the competency of therapists by providing regional hands-on orthotic fabrication courses. Attendees have the opportunity to view and discuss options for splinting the stiff wrist and then fabricate one orthosis designed for increasing wrist range of motion.

**Limited to 60 participants.*



3:15 p.m. – 3:30 p.m.

Break

3:30 p.m. – 5:30 p.m.

Concurrent Instructional Courses

Anatomy of the Shoulder; Anatomy of the Elbow

Jack R. Hurov, PT, CHT

The understanding of anatomy guides every aspect of clinical practice related to hand and upper extremity rehabilitation. These presentations vividly illustrate clinically relevant anatomy of the shoulder and elbow based on dissection of fresh cadavers.

Flexor Tendon Update: An Evidence-based Approach to Repair, Reconstruction and Rehabilitation

*Peter Amadio, MD
Jennifer T. Dodson, OTR/L, CHT*

Come and learn about the latest advancements in flexor tendon repair, reconstruction and grafting from a surgeon's perspective. Therapy intervention based on current evidence is presented to help treat this challenging diagnosis.

Youth Overhead Sports Injuries

Timothy Ian Day, MBAB, APP/SCI (PHYSIO)

Children play overhead sports with immature skeletons; hence, the injuries they endure are different to those that adults suffer. Overuse injuries are increasing each year in children, and as such, they need to be identified and managed accordingly.

General Information

Annual Meeting Continuing Education Units (CEUs)

Attendees will receive up to 9 continuing education hours, or 0.9 CEUs.

Annual Meeting Registration

To register for ASHT's 33rd Annual Meeting, visit www.asht.org/annualmeeting. The registration rates are as follows:

Early-bird Registration Rate

\$195 (Until April 1, 2010)

Regular Registration Rate

\$220 (April 1, 2010 — May 28, 2010)

Onsite Registration Rate

After May 28, 2010 registration will be onsite only. A \$50 onsite processing fee will be added to the regular registration rates.

You can also view rates and register for the 8th Triennial Congress of the International Federation of Societies for Hand Therapy (IFSHT), taking place after ASHT's 33rd Annual Meeting, 24-26 June 2010 in Orlando, Florida.

Important Tax Information

As a 501 (c) (3) organization, the national dues or education registration are not deductible as a charitable contribution for federal tax purposes. However, they may be deductible as ordinary business expenses. Please consult your financial advisor.



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Housing Information



Caribe Royale Orlando Hotel
8101 World Center Drive
Orlando, Florida, USA 32821
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www.cariberoyale.com

The ASHT 33rd Annual Meeting will be held at the Caribe Royale Orlando Hotel & Convention Center.

ASHT and IFSHT have arranged a special conference rate of \$149.00 USD plus 12.5% tax for a single/double per night for the Congress. The deadline to reserve your room at this rate is **Sunday, May 30, 2010**. Rooms reserved after this date are subject to availability at the hotel's prevailing rates.

Visit www.asht.org/annualmeeting to make housing reservations online or call the Caribe Royale's Reservations Department at 407.238.8000 or Toll Free at 800.823.8300. Please inform the reservationist that you are attending the ASHT Annual Meeting and/or the Congress of the International Federation of Societies for Hand Therapy (IFSHT).

Annual Meeting Session Handouts

In an effort to conserve paper, session handouts will be available online only. A link to the handouts will be sent via e-mail to all registered attendees several weeks before the conference. **Please make sure to provide an e-mail address when registering.**

Annual Meeting Cancellation Policy

All cancellation requests must be sent to ASHT in writing and will be processed after ASHT's 33rd Annual Meeting. A full refund less a \$75 cancellation fee will be issued if written notification is received on or before May 28, 2010. After May 28, 2010, a \$100 cancellation fee will be charged if written notification is received by Friday, June 11, 2010. No refunds will be issued for cancellations after June 11, 2010. No refunds will be issued for any missed sessions or events, including sessions missed due to travel delays. No refunds will be issued onsite. Phone cancellations will not be accepted.



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Board of Certification, Inc. for Athletic Trainers Approved Provider

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Attention PT Attendees!

ASHT's Annual Meeting may fulfill your state PT certification requirements. Should you use the ASHT Annual Meeting in your state PT recertification process, ASHT will reimburse you up to \$100 for the application process. Please send ASHT a copy of your PT Continuing Education application to receive this reimbursement, or contact ASHT at asht@ahint.com or 856.380.6856.

ASHT

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