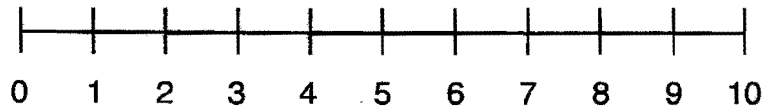


## 0 - 10 Escala Numérica de Dolor



0 = Ningún Dolor / 1-4 = dolor templado / 5-8 = modere el dolor / 9-10 = dolor severo

### Las Caras del Dolor Escalan\*



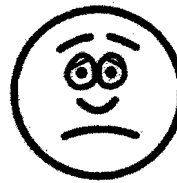
0



1 - 2



3 - 4



5 - 6



7 - 8



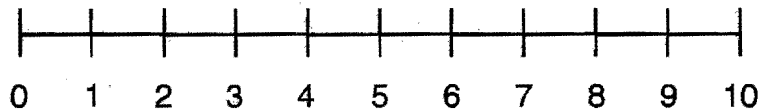
9 - 10

- 0 = muy feliz, ninguna herida
- 1 - 2 = las heridas apenas un poco
- 3 - 4 = las heridas un poco más
- 5 - 6 = las heridas aún más
- 7 - 8 = duele un terreno entero
- 9 - 10 = las heridas tanto como usted puede imaginarsa  
(No puede haber llorado sentirse este tanto dolor)

\* La calificación se recomienda para la edad de personas tres (3) años o más viejo.

# Pain Assessment Tool

## 0 - 10 Numeric Pain Intensity Scale



0 = no pain / 1-4 = mild pain / 5-8 = moderate pain / 9-10 = severe pain

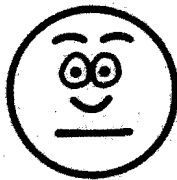
## Pain Faces Scale\*



0



1 - 2



3 - 4



5 - 6



7 - 8



9 - 10

- 0 = Very Happy, No Hurt  
1 - 2 = Hurts Just a Little Bit  
3 - 4 = Hurts a Little More  
5 - 6 = Hurts Even More  
7 - 8 = Hurts a Whole Lot  
9 - 10 = Hurts as Much as You Can Imagine

\* Rating is recommended for persons age three (3) years and older

## Pain Assessment for Those Unable to Communicate (Non verbal, Language Barrier, Dementia, etc.)

### A. Breathing

- 0 - normal  
1 - occasional labored breathing, short period of hyperventilation  
2 - noisy, labored breathing, long periods of hyperventilation

### B. Negative Vocalization

- 0 - none  
1 - occasional moan or groan; sigh  
2 - loud moaning or groaning; gasps

### C. Facial Expression

- 0 - neutral or smiling  
1 - sad, frightened, frown  
2 - facial grimacing, clenching teeth

### D. Body Language

- 0 - relaxed  
1 - tense, bracing, rubbing or massaging affected area  
2 - rigid, fist clenched, knees pulled up or pulling away, striking out, rocking

### E. Consolability

- 0 - no need to console  
1 - distracted or reassured by voice or touch  
2 - unable to console, distract or reassure