

Student Offerings Call December 1, 2021

Interviews Required?

- Starting the process for chemistry/match
- Not intimidating
- Questions:
 - Where do you see yourself in 5 years?
 - What do you struggle with?
 - What motivates you?
 - What do you like about hand therapy?

Expectations from Students

- Strong with anatomy!
 - Balance- not just memorization but how things work together
 - Clinical reasoning
 - AROM vs PROM, what does a difference indicate?
 - When I see weakness, what does that indicate?
- Anatomy is the basis of what we do

Protocols- How do I know what UE protocol to use?

- Understand clinical reasoning
 - Think progressions vs protocols
- Discuss with clinical instructor- every person is different
- People will have protocol books like “Indiana” in their clinic

Attributes of the Best Students

- Good attitude
- Accepts constructive comments
 - Willing to be humble
- Understanding of strengths and weaknesses
- Willing to work hard
- Excited
- Professional
- Connect to/personable with patients
- **Willing to ask questions**
 - Willing to research the answer

When to Ask Questions

- Get to know the clinical instructor and what is their preference
- Research the answer first, then ask the question
- Avoid defensive “I saw it this way, but you are doing it this way...”
 - “What is the clinical reasoning behind...”
 - “I am thinking you are doing this because of this, am I on the right track?”
- Be flexible- some days are different than others

Soft Skills

- “Is it okay if I touch you in order to do this?”
- “This is why we are doing this.”
- Utilize as many real life situations as possible to improve soft skills
- Patient education is so critical to the process
- Utilize therapeutic sense of self
- Manage stress

Attributes of Struggling Students

- Not taking notes
- Not asking questions
- Not preparing for the day
- Not showing progression or improvement
- Defensive with feedback
- Don't seem interested

Orthosis Fabrication

- Practice the skills like cutting paper towels, cut material, perform in steps
- Practice drawing, making patterns
- Ask to make it on the unaffected hand, on the CI

Use of Down Time

- Asking questions
- Student workbook on asht.org
- Practice cutting scrap material
- Practice drawing brachial plexus
- Practice manual therapy on the unaffected side

Resources

- Have an anatomy resource
- CI will recommend or have resources to offer for text books
- Utilize Journal of Hand Therapy
- Some sites have electronic CEU that you may have access to for learning

- <https://asht.org/education/student-center>